



Youth

Camps, Dance, Fall Preschool, Tennis

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Adult

Fall Softball, Tai Chi, Fitness, Tennis & More

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Hilda Havlik – Saline, MI



Anne O'Connor – Okemos, MI



ROYAL OAK
OUTDOOR
ART FAIR

45th Annual

July 11-12

Memorial Park

Details on page 26

A COMMUNITY COLLABORATION:





Royal Oak RECREATION



Summer Camps

www.leisureunlimited.net

Sports Starters (preschoolers, ages 3 - 5)

Your toddlers will *love* this first introduction to sports. Kids will improve their large muscle movement and hand-eye coordination as they throw, catch, kick, run and play silly games. Our experienced coaches will make sure your little ones have a positive and fun learning experience. Wear gym shoes and bring a water bottle. **Kids must be three by the first day of class.** Minimum 10 campers. Instructor: Leisure Unlimited

July 13 - 17 at Salter Community Center YA2001

Monday - Friday, 12:45 - 1:35 pm \$50 / 1 week

Tee-Ball Camp (4 - 6)

Make a hit with your youngster this summer. Kids will learn throwing, base-running, catching, batting and fielding. Directions are easy-to-follow. Fun, progressive drills allow kids to advance at their own pace in a safe, nurturing environment. Players will learn the importance of effort, teamwork and sportsmanship. Wear gym shoes and bring a water bottle. Mitts are optional. Snack provided. Minimum 10 campers. Instructor: Leisure Unlimited Coaching Staff

July 13 - 17 at Salter Community Center YA2002

Monday - Friday, 1:45 - 3:00 pm \$63 / 1 week

Soccer Starters Camp (preschoolers, ages 3 - 5)

Introduce your youngsters to the fast-paced world of soccer. Our enthusiastic coaches will teach your kids the basic kicks, how to score, goalie work, throw-ins, positions and rules. Our emphasis is on teamwork, sportsmanship and effort in a safe and nurturing environment. Snack provided. Wear tennis shoes and bring a water bottle. **Kids must be three by the first day of class.** Minimum 10 campers. Instructor: Leisure Unlimited Coaching Staff

August 17 - 21 at Salter Community Center YA2003

Monday - Friday, 12:45 - 1:35 pm \$50 / 1 week

Basketball Camp (ages 6 - 9)

A qualified coach teaches your youngsters the basics of basketball including shooting, dribbling, and passing. We'll also cover player positions, offense, defense and the rules to help your kids better understand the game. Kids work on skills at their own pace. Our emphasis is on teamwork, effort, sportsmanship and lots of FUN! Wear tennis shoes and bring a water bottle. Snack provided. Minimum 10 campers. Instructor: Leisure Unlimited Coaching Staff

August 17 - 21 at Salter Community Center YA2004

Monday - Friday, 1:45 - 3:00 pm \$63 / 1 week

Summer Youth Dance

Preschool Dance

This fun-filled introduction to dance and creative movement is specially designed for 3-5 year old students. This class will challenge young children to explore movement, music and their unique creativity. Children are exposed to the design and structure of a dance class.

Intro to Dance

This class is designed to be a fun-filled introduction to Ballet, Jazz and a stylized version of "Song and Dance" combinations. Emphasis will be placed on the basic fundamentals and terminology of a Ballet Barre, Jazz center, traveling progressions and a characterized routine.

Hip Hop Jazz

Each age division and level will be provided with a challenging and energetic warm up, isolations, pop and lock hip hop moves, along with traditional turns, jumps, progressions and combinations.

Instructor, Kim Mannaioni

Salter Community Center

\$45/6 weeks

Wednesdays, June 24 - July 29 (6 weeks)

5:00 pm	Preschool Dance (3 year olds)	YD2202
5:30 pm	Preschool Dance (4 & 5 year olds)	YD2203
6:15 pm	Intro to Dance (K - 2nd grade)	YD2204
7:00 pm	Hip Hop (2nd - 4th grade)	YD2205

Thursdays, July 23 - August 27 (6 weeks)

5:00 pm	Preschool Dance (3 year olds)	YD2206
5:30 pm	Preschool Dance (4 & 5 year olds)	YD2207
6:15 pm	Intro to Dance (K - 2nd grade)	YD2208
7:00 pm	Hip Hop (2nd - 4th grade)	YD2209

Activity Cancellation

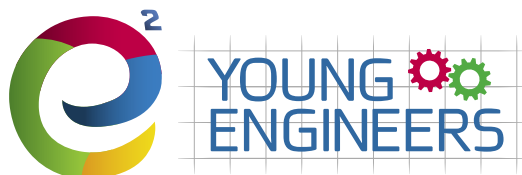
Due to bad weather

248-246-3187

When Royal Oak Schools are closed, Recreation Department classes held in school facilities are cancelled.

Who to Contact

John Lindell Ice Arena	248-246-3950
Swimming (<i>see page 49</i>)	248-435-8500 ext. 1148
Boys & Girls Club of SOC	248-544-4166
RO Sandlot League	www.rosbaseball.org
ROYSA (Youth Soccer)	www.roya.com
Royal Oak Youth Football	www.royft.com
Royal Oak Hockey	www.royaloakhockeyclub.com



e² Young Engineers is an educational company that currently caters to thousands of children worldwide.

For more information visit their website at www.youngeng.net.



LEGO® Challenge Camp – Grades 1-5

Each participant will discover new subjects and will build/play with (2) different models each day. This program integrates LEGO® with scientific and mathematical principles in a FUN and EXCITING way! Teaching is conducted using customized LEGO® kits with motors, gears and batteries. The programs utilize an Edutainment (Education + Entertainment) approach, transforming the learning process into a game while introducing children to theoretical and practical knowledge in the fields of science, technology, engineering, art and mathematics (STEAM). Minimum 12 students

Monday-Friday at Salter Community Center

July 6 - 10, 12:30 - 3:00 pm **YA2039**

Fee: \$149 / 1 week camp



Big Builders Camp – Ages 4-6

Each participant will discover new subjects and will build/play with (2) different models each day. This program enables children to have FUN learning by integrating K'nex with general knowledge in nature, space, science, transportation and day-to-day physics. The program illustrates theoretical knowledge in these fields through the use of stories, thinking, social games and model building – and HAVING FUN! Instructors also emphasize personal interaction and building a sense of self-confidence among all children participating. Minimum 8 students.

Monday-Friday at Salter Community Center

July 6 - 10, 10:00 - 11:30 am **YA2040**

Fee: \$79 / 1 week camp

Storytime & Crafts with Cowboy ALEX

Kids ages 3 - 8 years old will enjoy 45 minutes of stories, puppets, magic, crafts and fun with Cowboy ALEX. Cost is \$5 per child, per class.

Sign up for one or all of the following classes:

Banana-Rama Storytime and Crafts YA4005

Saturday, May 30 @ 11:00 am at Senior/Comm Center, \$5

Hot Diggety Dog Storytime and Crafts YA4006

Saturday, June 27 @ 11:00 am at Senior/Comm Center, \$5

Pickle-Party Storytime and Crafts

YA4007

Saturday, July 25 @ 11:00 am at

Senior/Comm Center, \$5

Cool-Cruiser Car Storytime and Crafts

YA4008

Saturday, August 29 @ 11:00 am at

Senior/Comm Center, \$5



The Royal Oak Day Camp will be held at Royal Oak High School, 1500 Lexington Blvd. (corner of Crooks).

Fill your summer with great fun including outdoor skills, games, crafts, sports, swimming and more. Camp is open to youth who have **completed kindergarten** through age 12 (must be 5 by 10/1/14). Campers are divided by age groups for activities. There is a 10:1 camper to counselor ratio.

Camp fee is \$130 per week. Camp hours are Monday-Friday, 9 am - 4 pm. We have additional hours for working parents, 7:30-9 am and 4-6 pm, for a \$30 fee weekly. We do charge a \$10 late fee if children are not picked up by 6:00 pm. Bring a sack lunch *with drink* every day. We provide campers with a daily snack and program supplies. Sign up for any number of weeks because the activities are always changing.



Camp Schedule:	Week 1	June 15 - 19	Week 6	July 20 - 24
	Week 2	June 22 - 26	Week 7	July 27 - 31
	Week 3	June 29 - July 2 (4 days only \$104)	Week 8	August 3 - 7
	Week 4	July 6 - 10	Week 9	August 10 - 14
	Week 5	July 13 - 17		

Maximum of 50 campers per week. This program will sell-out! Because of the popularity of our program, we require payment in full at the time of registration for all the weeks you will be attending camp. For your convenience, we offer credit card (Visa/MC/Discover) payment.

By Mail: Royal Oak Recreation
PO Box 64
Royal Oak, MI 48068
(248) 246-3180
(248) 246-3007 Fax

In Person: Dept. of Recreation and Public Service
1600 N. Campbell Rd.
Royal Oak, MI 48067
Office Hours:
Monday-Friday, 8:30 am - 4:30 pm

DAY CAMP 2015

Camper Name _____ Date of birth _____
Address _____ Home Phone _____
City, ZIP _____ Work Phone _____
E-mail _____ Parent/Guardian Name _____

Please circle weeks for which you are registering. If you need before or after care, please check box for AM, PM or both.

Week 1	<input type="checkbox"/> AM <input type="checkbox"/> PM	Week 2	<input type="checkbox"/> AM <input type="checkbox"/> PM	Week 3	<input type="checkbox"/> AM (4 days) (\$104) <input type="checkbox"/> PM	Week 4	<input type="checkbox"/> AM <input type="checkbox"/> PM	Week 5	<input type="checkbox"/> AM <input type="checkbox"/> PM
Week 6	<input type="checkbox"/> AM <input type="checkbox"/> PM	Week 7	<input type="checkbox"/> AM <input type="checkbox"/> PM	Week 8	<input type="checkbox"/> AM <input type="checkbox"/> PM	Week 9	<input type="checkbox"/> AM <input type="checkbox"/> PM		

Total amount \$ _____
Payment method: ☐ Check ☐ Visa/Discover # _____ CVV2 _____
☐ Mastercard # _____ CVC2 _____
Cardholder Name _____ Expiration Date _____

The City of Royal Oak assumes no responsibility for personal injuries or loss of property while using City or School facilities. It is recommended that anyone enrolled in an activity, or using one of our facilities in general, make provisions to provide adequate coverage within their own family insurance. By registering for Department of Recreation and Public Service programs, registrants realize the inherent risks involved in the programs and appreciate the nature of the risks.

Signature of Parent or Guardian _____ Date _____



FOUR SEASONS PRESCHOOL

Four Seasons Preschool offers a wonderful learning environment for 3 - 5 year old children.

We are now enrolling for the 2015-2016 school year. Our 33-week school year begins September 8, 2015.

Our preschool is located at the Senior/Community Center at 3500 Marais (1 block north of 13 Mile Road and 3 blocks east of Crooks).

Our program offers the following:

- Story Time
- Physical Education
- Music
- Computers
- Many enjoyable hands-on activities that promote: pre-reading, pre-math, thinking and reasoning skills, and language development.
- Science
- Art
- Free Play Time

2015 - 2016 Class Schedule and Pricing

Tues/Thurs Morning, 8:30 - 11:00 am

PRE2015-R3

FULL

Tuition for our morning 2-day a week program is \$967. This includes a non-refundable registration fee of \$100 and three installments of \$289.

Mon/Wed/Fri Morning, 8:30 - 11:00 am

PRE2015-R1

FULL

Tuition for our morning 3-day a week program is \$1,450. This includes a non-refundable registration fee of \$100 and three installments of \$450.

Mon/Tues/Wed/Thurs Afternoon, 12:15 - 2:45 pm

PRE2015-R2

OPEN

Tuition for our afternoon 4-day a week program is \$1,933. This includes a non-refundable registration fee of \$100 and three installments of \$611.

Four Seasons Preschool is licensed by the State of Michigan

www.fourseasonspreschoolonline.com



Adult Fall Softball

Royal Oak Recreation will begin open adult softball team registrations on Tuesday, July 14. Registration deadline is Friday, August 7 or when league sells out.

League Offerings:

Monday	Coed Division	8 teams
Tuesday	Men's Division	8 teams
Wednesday	Coed Division	8 teams
Thursday	Men's Division	8 teams

Entry Fee: \$450 includes 10-game season (5 doubleheaders) plus one play-off night for the top 4 teams, ASA Registration, softballs and awards.

Umpire Fees: \$15 per team per game (pay at game site)

Field/Times:	Worden #4	6:10, 7:20, 8:30, 9:40
	Worden #5	6:10, 7:20, 8:30, 9:40

Rosters: Teams can have up to 20 players with no restrictions on non-residents. Player rosters are due in the Recreation office before first game.

Awards: Season Champion receives 15 individual awards.

ASA rules and regulations govern all leagues. **League games will begin September 8** (Monday league will begin September 14). Teams may begin and end a game with eight players.

Managers: Teams can pick up supplies after August 31. Schedules will be e-mailed on August 31.

NO SPOTS RESERVED

You are officially in the league when payment of \$450 and completed team application is received in the Recreation Office.

We accept payment by cash, check, VISA/MC/Discover.

For information call 248-246-3180.

Water Color Painting

Beginning through Experienced Students

Noted Bloomfield Hills artist, Karen Halpern, will guide beginning through experienced students in working effectively with watercolor. While learning about color, design, shading and painting techniques, you will enjoy the brilliance of the paint, the sparkle of its transparency, and the pleasure of color mixing.

Supply list is available.

**Monday, 1:30 - 3:30 pm at
Senior/Community Center
(Room 3)**

June 22 - August 24 **AE 2006**

Fee: Res. \$114;

Non-Res. \$119 / 9 weeks

No class July 6



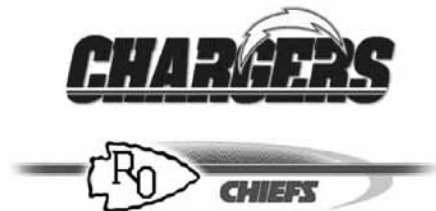
Gymnasium Rentals

There are a few remaining time slots for gymnasium rentals at the Salter Community Center. The cost of renting the gym is \$60 per hour. For more information and available times, please call 248-246-3180.

Are You Ready For Some Football or Cheerleading?

**If so, Royal Oak Youth Football
is looking for you!**

**We promote sportsmanship, dedication and team
work, all in a family fun environment.**



Player and cheerleader registration will be held on the following dates:

Thursday, May 14	6:00 - 7:30 pm
Saturday, May 16	9:00 am - 12 noon

Registration is at the Royal Oak Senior Center
3500 S. Marais Ave. (North off 13 Mile between Main and Crooks)
A recent photo and copy of the participant's birth certificate are needed at registration.

We offer youth football and cheerleading for children ages 6 - 13.

**Visit www.royft.com for
updated information, requirements
and football camp.**

Royal Oak Youth Soccer Association Fall 2015

ROYSA welcomes players at all levels of experience. They must have a birth date on or before July 31, 2011 to be eligible to play this season. You must live in the city of Royal Oak or attend a school in Royal Oak. Please see the website for division levels and fees.

Registration:

Online only at www.roysa.com

We are always in need of coaches. We will provide you with training. No prior experience is needed. We can only accept as many players as we have teams with coaches.

www.roysa.com



Tai Chi

An ancient Chinese discipline designed to enhance the body, mind and spirit and leave you feeling refreshed. You will gain better muscle tone, improve joint flexibility, and increase circulation. Wear comfortable, loose-fitting clothing. The instructor, Han Hoong Wang, is licensed to instruct through the Chinese government and has been teaching more than 30 years.



Chen Style Xing Jia Yilu Continuing

Tuesday, 6:30-7:30 pm **AF2004**

June 16 - July 21 at Senior/Community Center- Rooms 8 & 9

Fee: Res. \$48; Non-Res. \$53 / 6 weeks

Push Hands Continuing

Tuesday, 7:30-8:30 pm **AF2005**

June 16 - July 21 at Senior/Community Center- Rooms 8 & 9

Fee: Res. \$48; Non-Res. \$53 / 6 weeks

Mulan Fan - 2 Fans

Tuesday, 8:30-9:30 pm **AF2006**

June 16 - July 21 at Senior/Community Center- Rooms 8 & 9

Fee: Res. \$48; Non-Res. \$53 / 6 weeks

Yang Style Section 1 of 103 Form - Beginning

Thursday, 6:30-7:30 pm **AF2001**

June 18 - July 23 at Salter Center Gym

Fee: Res. \$48; Non-Res. \$53 / 6 weeks

Yang Style Section 2/3 of 103 Form - Continuing

Thursday, 7:30-8:30 pm **AF2002**

June 18 - July 23 at Salter Center Gym

Fee: Res. \$48; Non-Res. \$53 / 6 weeks

Yang Style Saber/Sword - Continuing

Thursday, 8:30-9:30 pm **AF2003**

June 18 - July 23 at Salter Center Gym

Fee: Res. \$48; Non-Res. \$53 / 6 weeks



Hatha Yoga

Rejuvenate your mind and body. Improve your mental concentration, body alignment, and learn to enjoy deep relaxation. Join our basic Hatha Yoga class. Everyone is welcome regardless of age, flexibility, or fitness level. Postures can be modified to make the practice as gentle or challenging as each individual needs. We practice without competition or judgement. Yoga is especially beneficial for people leading stressful lives as it promotes centering, balance, and relaxation which enhances our quality of life.

Classes are for all skill levels. Beginners are welcome.

Wear comfortable, loose clothing and **bring a mat, blanket and strap.** Do not eat 1½ to 2 hours prior to class. Instructor: Christine Walbridge.

Monday at Senior/Community Center

July 6 - August 24, 5:40 - 6:55 pm **AF2007**

July 6 - August 24, 7:00 - 8:15 pm **AF2008**

Fee: Res. \$56; Non-Res. \$61 / 8 weeks

Wednesday at Senior/Community Center

July 8 - August 26, 7:00 - 8:15 pm **AF2009**

Fee: Res. \$56; Non-Res. \$61 / 8 weeks

Thursday at Senior/Community Center

July 9 - August 27, 7:00 - 8:15 pm **AF2010**

Fee: Res. \$56; Non-Res. \$61 / 8 weeks



Tactical Self-Defense "TSD"



In today's increasingly violent world, the ability to defend yourself is critical. Men, women, and teens need time-proven self-protection skills now more than ever. Our unique program will teach you those skills quickly, effectively, and safely while learning

about important elements such as awareness and strategy – all while having a ton of fun. You will learn how to deal decisively with any form of assault, grabs, punches, kicks, lock, or even armed attackers. The self-defense and martial arts skills you will learn at Tactical Self Defense are based on ancient techniques, designed and taught for a modern world. We know each individual is just that, and individual with different strengths and weaknesses. Martial arts is not a team sport, the only person that you are competing with is yourself. Students come to us from age 15 to 70. Some students are in shape while others are overweight. Some come for self-defense, fitness, and others for pure fun. Each person is treated as an equal and is trained to the best of their own ability and potential. At Tactical Self Defense our instructors are there to guide, instruct, and motivate you to be the best you can be. Instructor Jeff Danuloff of Michigan has over 31 years of training in traditional and contemporary martial arts. He has taught students of all ages from Police Officers, to business executives, to youth groups – for the past decade in the Metro Detroit Area.

Wednesday at Salter Community Center

June 17 - August 5, 7:00 - 8:15 pm **AF2401**

Fee: Res. \$65; Non-Res. \$70 / 8 weeks



Royal Oak FITNESS



Low-Impact Workout to Oldies Music

GREAT FOR BEGINNERS!

Need to restart your exercise program? Perform simple low-impact, joint-friendly moves to burn calories, condition your body, and improve balance and functional fitness. Get a motivating workout to the songs you love to hear – without complicated choreography. Bring a mat for floor work (chairs are available for modified floor work) and water. Light hand weights are optional.

Tuesday, 7:30-8:30 pm Instructor: Angie M

July 7 - August 18 at Salter Community Center **FF2001**

Thursday, 7:30-8:30 pm Instructor: Angie M

July 9 - August 20 at Salter Community Center **FF2002**

20/20/20

This class includes 20 minutes each of three essential components of fitness: cardio, strength and flexibility. Cardio portion includes warm-up, aerobic drills and combos. Hand weights are used during strength segment. Core work followed by a series of controlled, static stretches in the final flexibility section will enhance range of motion and release stress. Bring a mat, hand weights and water.

Monday, 5:50-6:50 pm Instructor: Karen B

July 6 - August 17 at M/M Senior/Community Center **FF2005**

Wednesday, 5:50-6:50 pm Instructor: Karen B

July 8 - August 19 at M/M Senior/Community Center **FF2006**

Zumba + Core Fusion

NEW FOR SUMMER!

This class is a dance-based combo workout for those looking to change up their routine and build a strong, elongated dancer physique. Start with Zumba cardio, move on to upper body toning, and finish with core, lower body and stretches incorporating ballet principles of movement (without the barre). Bring hand weights, mat and water.

Tuesday, 7:30-8:30 pm Instructor: Joli P

July 7 - August 18 at M/M Senior/Community Center **FF2018**

Zumba

Are you ready to party yourself into shape? Set to Latin and other international music with exotic rhythms, this fun dance fitness workout class is extremely effective in burning calories and keeping the heart rate up. The steps are easy to learn and follow and will get you moving in an exhilarating new way for a high-energy workout to tone and shape your entire body. Bring a water bottle and towel, and leave your inhibitions behind!

Thursday, 7:30-8:30 pm Instructor: Joli P

July 9 - August 20 at M/M Senior/Community Center **FF2017**

Mat Pilates

NEW DAY AND LOCATION FOR SUMMER!

Pilates, a non-impact deep muscle conditioning method, strengthens the body's "powerhouse" – the abdominal, gluteal and back muscles – by redressing unbalances and altering movement patterns. This mat-intensive workout enhances posture, flexibility, endurance and balance while toning and firming your core and can be modified from gentle to challenging, depending on fitness level and goals. Bring a mat and light weights.

Thursday, 6:20-7:20 pm Instructor: Ginger V

July 9 - August 20 at M/M Senior/Community Center **FF2013**

Total Body Conditioning

BOTH NIGHTS BACK AT SALTER FOR SUMMER!

Build muscle strength and endurance and burn more calories for safe, fast results with this joint-friendly training set to energetic music. Whether you are a beginner with new fitness goals or an experienced exerciser looking for a cross-training body toning workout, this fun class is for you. The cardio warm-up leads into weight training geared to sculpt and strengthen muscles, ending with a series of refreshing stretches. Bring a mat, hand weights, towel and water.

Tuesday, 6:20-7:20 pm Instructor: Angie M

July 7 - August 18 at Salter Community Center **FF2010**

Thursday, 6:20-7:20 pm Instructor: Angie M

July 9 - August 20 at Salter Community Center **FF2011**

Fees for all Royal Oak Fitness classes:

	Res.	Non-Res.	
1 class per week	\$49	\$54	7 weeks
2 classes per week	\$91	\$96	7 weeks
3 classes per week	\$126	\$131	7 weeks
4 classes per week	\$154	\$159	7 weeks

Note: You must indicate which classes you will be attending; no make-ups or substitutions will be allowed.





Summer Tennis

Location: All classes take place at the Worden Park Tennis Courts on Lexington, north of 13 Mile Road east of Crooks Road next to the Lindell Ice Arena (behind green Total Soccer building).

Registration: Pre-registration for all classes is required online at www.luvalltennis.com

Payment:

- **By check.** Please send check made payable to Luv All Tennis to:
Luv All Tennis, PO Box 955, Royal Oak MI 48068
- **Paypal.** Please note there is a \$3 processing charge when using Paypal.
- Payment is expected before or on the first day of class. A \$5 late fee will be charged for payments received after the first class.

Class Information:

- Please bring your own racquet. Luv All Tennis sells youth racquets for \$20. Email Christiana at christiana@luvalltennis.com to place your order.
- Please bring a water bottle and wear tennis shoes for class.

Don't forget! Luv All Tennis has a Huntington Woods site, too! Go to www.luvalltennis.com for complete programming information.



Youth & Teen Morning Classes

Monday - Thursday (4-day sessions)

Rain make-ups will be held on Fridays

Session 1: June 15-18 (rain make-up 6/19)

Session 2: June 22-25 (rain make-up 6/26)

Session 3: July 13-16 (rain make-up 7/17)

Session 4: July 20-23 (rain make-up 7/23)

Session 5: August 17-20 (rain make-up 8/21)

Class	Age	Time	Cost
Red Ball I Pee Wee	4-6	8:30-9:15 am	\$42
Youth Beginner	7-10	9:15-10:15 am	\$56
Youth Intermediate	9-11	10:15-11:15 am	\$56
Middle School/Teen Clinic	12-17	11:15 am-12:15 pm	\$56

Wednesday Youth Afternoon Classes

Session 1: June 17-July 22 (6 weeks - rain make-up 7/29)

Session 2: August 5-August 27 (4 weeks - rain make-up 9/2)

Class	Day	Time	Sess. 1 \$	Sess. 2 \$
Red Ball II Pee Wee (4-6 years)	W	4:15-5:00 pm	\$63	\$42
Youth Beginner (7-10 years)	W	5:00-6:00 pm	\$84	\$56
Youth Intermediate (9-10 years)	W	5:00-6:00 pm	\$84	\$56

Thursday Youth Afternoon Classes

Session 1: June 18-July 23 (6 weeks - rain make-up 7/30)

Session 2: August 6-August 27 (4 weeks - rain make-up 9/3)

Class	Day	Time	Sess. 1 \$	Sess. 2 \$
Bitty Pee Wee (3-4 years)	Th	4:30-5:00 pm	\$42	\$28
Quick Start Play (K-5th grade)	Th	5:00-6:00 pm	\$84	\$56
Red Ball I Pee Wee (4-6 years)	Th	6:00-6:45 pm	\$63	\$42
Middle School/Teen Drill and Play (12-17 years)	Th	7:00-8:30 pm	\$126	\$84

Wednesday Adult/Teen 18+

Session 1: July 8-August 26 (8 weeks - rain make-up 9/2)

Class	Day	Time	Cost
Mixed Doubles League	W	6:30-8:30 pm	\$104

Thursday Adult/Teen 18+

Session 1: June 18-July 23 (6 weeks - rain make-up 7/30)

Session 2: August 6-August 27 (4 weeks - rain make-up 9/3)

Class	Day	Time	Sess. 1 \$	Sess. 2 \$
Beginner	Th	6:00-7:00 pm	\$84	\$56
Advanced Beginner	Th	6:00-7:00 pm	\$84	\$56
Drill & Play*	Th	7:00-8:30 pm	\$126	\$84
Cardio Tennoga**	Th	7:00-8:30 pm	\$126	\$84

**Drill & Play is for 3.5 players and up.*

***Please bring a yoga mat for Cardio Tennoga.*

**For class descriptions
& registration,
visit www.luvalltennis.com**



ENSPIRE
FITNESS

2015 5K Running Program

Have you always wanted to try running? Want to improve your running or interested in running a 5K, 10K or half marathon race? Are you too intimidated to join a running group or enter a race? The following program can help you and inspire you!

The “**Couch to 5K**” program is designed for individuals who have never run before or who are looking for a fun way to get in shape and increase their cardiovascular endurance. This program gets you off the couch and running 3.1 miles in 10 weeks. All abilities welcome. The goal is to run the Detroit Turkey Trot 5K. Runners/walkers welcome!

In all of the Enspire Running Programs, your Certified Coach will provide weekly running tips on numerous topics. The program includes coached runs, community group runs, individualized training schedules, motivational email blasts, Facebook interaction and discounts from **Hansons Running Shop**. These programs are designed to motivate, support and inspire the athlete within! Race entry not included.



Location: Parking lot east of RO High School on Lexington across from Green Total Soccer building.

Coach: Michelle Miller, CPT, Enspire Fitness

“Couch to 5K” Program

Begins September 12 (2x per week / 10 weeks) **AF2200**

Mondays, 6:30 pm and Saturdays, 9:00 am

Fee: \$139.00*

**Cost does not include Race Day entry*

Royal Oak Nature Society Protecting Our Nature Parks and Educating the Community

The Royal Oak Nature Society is a volunteer group working with the city to protect and promote the usage of Royal Oak's two nature preserves, Cummingston Park & Tenhave Woods. They are also developing an arboretum in Worden Park East. If you are interested in joining the conservation effort or just need more information, please contact us by phone at 248-246-3380 and leave a message, e-mail us at nature-society@romi.gov, by regular mail at 1600 N. Campbell Rd, Royal Oak, 48067 or go to our web page at www.romi.gov/nature. Park trail maps & maps showing the location of Tenhave Woods, Cummingston Park can be found on our website. You can also find us on Facebook.

Speaker Program Schedule

June program is being held at Northwood Elementary School (926 W. 12 Mile Rd., just west of Crooks Rd.) at 7:30 pm.

At our monthly meetings, September to June, we present speaker programs. Usually, they are slide shows focusing on various natural history topics. If you watch nature programs on PBS or the Discovery Channel, this is better, as you can meet afterwards and ask the speakers questions.

DATE TOPIC & SPEAKER

June 3 “Nature Society in Review”

Nature Walk Schedule

Meet at the park/arboretum

There is at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology and human history of the area. Dogs are not allowed inside either Tenhave Woods or Cummingston Park. Wearing boots while in the parks is recommended during the winter and spring months. Dressing appropriately for bugs and using insect repellent is advised from late spring through the end of summer. To learn more about the parks, please come to our naturalist led nature walks listed below.

For Cummingston, park & meet at Torquay & Leafdale (just east of Meijer). For Tenhave Woods (just east of RO High School), park at the Marais/Lexington lot and walk about 300' east to the entrance. For Tenhave Owl Hoots & Full Moon Walks, park & meet at Marais/Lexington lot. For the Arboretum, park & meet at the Senior/Community Center (3500 Marais) lot-north end.

DATE	TIME & PLACE	TOPIC
June 25 (Thu)	7:30 pm at Tenhave	Late Spring Walk
June 27 (Sat)	10:00 am at Cummingston	Mushroom Walk
July 23 (Thu)	7:30 pm at Arboretum	Meadow of Arboretum
July 25 (Sat)	10:00 am at Tenhave	Mushroom Walk
Aug. 20 (Thu)	7:30 pm at Arboretum	Meadow of Arboretum
Aug. 22 (Sat)	10:00 am at Cummingston	Mushroom Walk

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1403 Lexington BLVD.

Royal Oak MI 48073

248.246.3950

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8:15 – 10:05 pm

OPEN SKATE WITH A LIVE DJ.

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ALL AGES ARE WELCOME.

Skate rental is included in the admission price



ROYAL OAK FREESTYLE

Choose from a range of Professional coaches that will guide you to your goals in a motivational environment.

NEW EDGE
FIGURE SKATING CLUB

The **New Edge Figure Skating Club** offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.



ADULT WOMEN'S LEAGUE

for Beginners to Intermediate Ability

Two games per week from May through July

Individual Registration – Jersey included

ADULT HOCKEY LEAGUE



Fall/Winter League:

September – March

Spring/Summer League:

May – August

Divisions Offered: B, C & D



DROP IN HOCKEY

18 and up-full equipment come in a play a competitive game of hockey with fellow adult skaters.

STICKS & PUCKS

Open to all ages. full equipment required



- Lil Eagles Learn to Play – ages 4-10
- 8 & under youth hockey program
- House hockey for all youth age divisions
- Travel A & AA Hockey Squirt –Midget



SUBURBAN HOCKEY SCHOOLS

Instructional experience that improves skills, knowledge of the game, and overall self-confidence as it relates to the game through a "positive" learning experience.

For more information on any of these programs, please visit

ROYALOAKICEARENA.COM

Registration Information

How to Register for Programs and Classes

**Registration begins on
Wednesday, May 13 for
in-person, mail, fax and online submissions.**

Mail-In Registration

You may send a completed registration form (or reasonable facsimile) with payment to:

**Royal Oak Recreation
PO Box 64
Royal Oak, MI 48068-0064**

Do not send cash. Make checks payable to *Royal Oak Recreation*. Use separate checks for different classes in case one of your desired classes is filled. **Returned check fee is \$35.** To receive a receipt, please include your e-mail address.

Fax Registration

Fax registrations are accepted 24/7 at **248-246-3007**. Fax payment by credit card only – please include credit card number, security code, expiration date, and your signature on registration form. To receive a receipt, please include your e-mail address.

In Person Registration

Walk-in registrations are accepted at the Recreation Office Monday through Friday, 8:30 am to 5:00 pm. The Recreation Office is located at the Dept. of Public Service, 1600 N Campbell Road, Royal Oak MI 48067. We accept payment in person by cash, check, Visa, M/C or Discover.

Refunds

Refunds will be granted up to one week prior to the start of a class or camp, less a \$5 service fee. Refunds will be granted after the first week of class less a \$10 service fee. **NO REFUNDS WILL BE GRANTED AFTER THE SECOND WEEK OF CLASS. NO REFUNDS ONCE A CAMP HAS STARTED.** No refunds on one-day classes. Allow 3 weeks for refund check. Fees charged on credit cards must be credited back to your credit card, **LESS SERVICE FEES INDICATED.**

NOTE: Children should not accompany their parents to classes designated for adult participants only.

Senior Center classes are open to adults of all ages who are available for daytime activities.

How to Register for Programs Online

www.royaloakrec.com

For additional information, click on “answers to frequently asked questions” on the home page.

Open Online Registration Wednesday, May 13

General Guidelines

If anyone in your family has taken a Recreation or Senior Center class since 2012, your household account may already be set up. Be sure to check for an existing account before attempting to create a new one. If you are not sure, you can call the office to check. You will need to obtain a temporary password (which you should change) from the office to log into an existing account. Your account login is your e-mail address.

If you have never registered for class with Royal Oak Recreation or the Senior Center, you will need to “create a new account” through the website. You cannot register for classes as a “guest”.

Online registration will only be available for some programs. You can only register your own family. For transfers, corrections or questions, please call the Recreation Office at 248-246-3180, Monday through Friday, 8:30 am to 5:00 pm.

Low Enrollment

Royal Oak Recreation and the Senior Center reserves the right to cancel classes due to low enrollment. Full refunds will be given if a class/camp is cancelled by Royal Oak Recreation. Please register early so we don't cancel your class!

Insufficient Funds

There will be a \$35 Returned Check Charge to all accounts for checks that are returned by the bank.

Royal Oak Recreation **248-246-3180**
8:30 am to 5:00 pm, Monday - Friday

Royal Oak Senior Center **248-246-3900**
9:00 am to 4:30 pm, Monday - Friday

No Telephone Registrations

Registration for all Day Trips and Extended Trips should be done at the Mahany/Meininger Senior Community Center, 3500 Marais.

Registration Information

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____



Payment Method: ☐ Check ☐ Cash

☐ Visa/Discover # _____ 3-digit Security Code _____

☐ Mastercard # _____ 3-digit Security Code _____

Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

(If youth, parent or guardian must sign)

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____



Payment Method: ☐ Check ☐ Cash

☐ Visa/Discover # _____ 3-digit Security Code _____

☐ Mastercard # _____ 3-digit Security Code _____

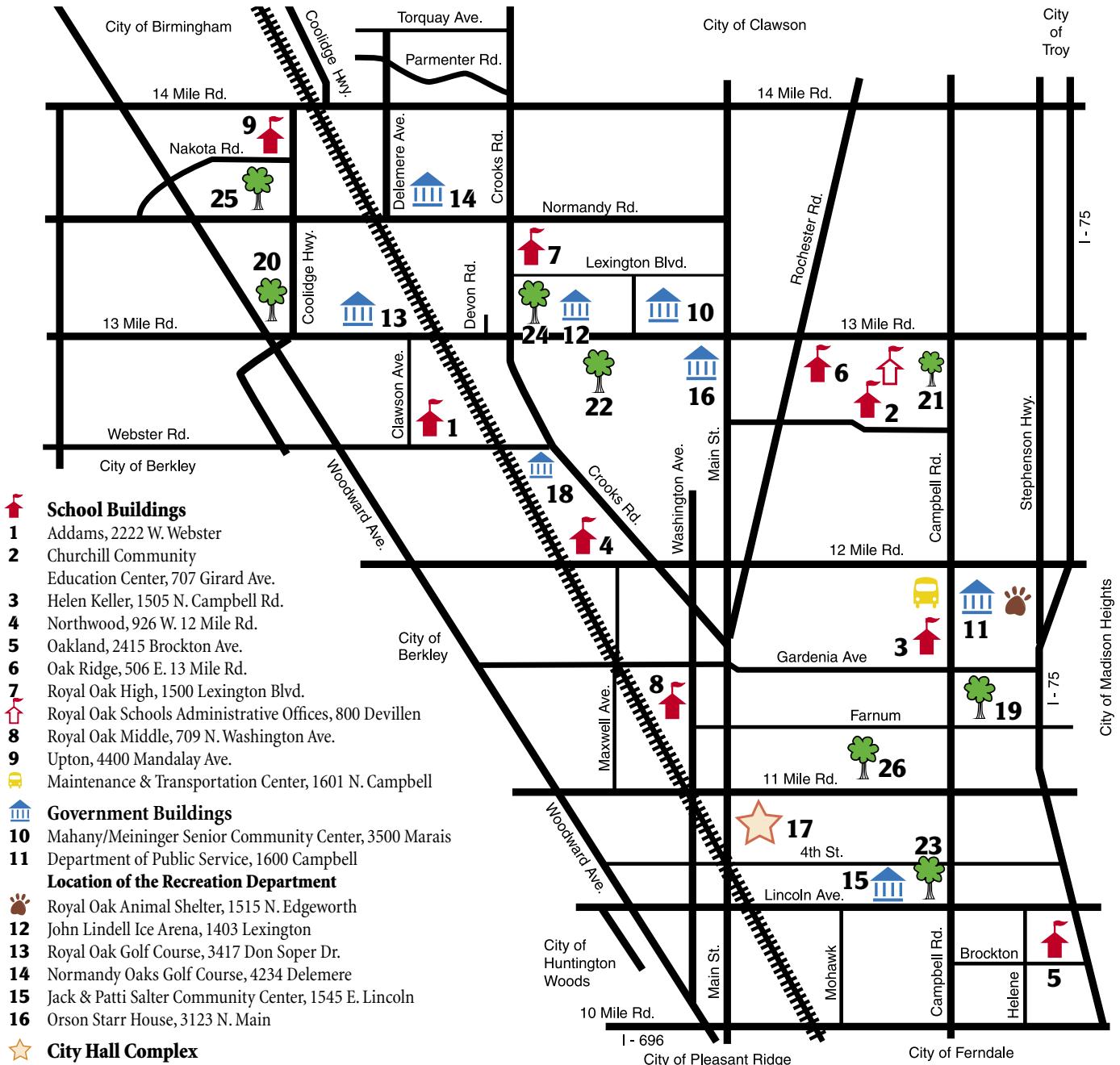
Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

City of Royal Oak



Picnic Shelter Rental

Groups may reserve the picnic shelters at Starr/Jaycee Park and VFW Park. Royal Oak residents and businesses have priority to reserve a shelter January 2 through May 29 for summer 2015; starting June 1, non-residents may apply. Rental fee is based upon the size of the shelter; large shelter has 10 tables and small shelters have 4 tables. Please call 246-3180 for rental fees and a copy of the Park Shelter Reservation/Rental policy. All rentals must be processed in person at the Recreation Department offices in the Department of Public Services building at 1600 N. Campbell, Royal Oak; 8:30 am - 4:30 pm, Monday - Friday.

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Leo Mahany / Harold Meininger Senior Community Center

3500 Marais • (248) 246-3900

Jack & Patti Salter Community Center

1545 E. Lincoln

Set your goal for Wellness!

Meet new people

Make lasting friends & memories

Learn new skills

Look & feel better

Keep in shape

See the world

Eat well-balanced meals

Supportive services

The benefits are endless...

Drop in either community center Monday through Friday. Pick up our monthly newsletter, *Times*. Start enjoying opportunities for lifelong education, fitness, and leisure activities. Try a great meal at **Tim's Kitchen** (M/M Center) for \$3. The staff is committed to working with and for seniors to develop activities and services that support their efforts to remain healthy, active and independent.

Mission Statement:

The City of Royal Oak offers mature adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 62 and over or permanently disabled adults.

The City of Royal Oak's Recreation Department does not discriminate against any program participant or applicant for participation because of race, color, creed, religion, ancestry, national origin, sex, disability or other handicap, age, marital/familial status, or status with regard to public assistance or for any other reason(s) prohibited by law. The City of Royal Oak will take affirmative action to insure that all practices are free from such discrimination.

Royal Oak Seniors Resource Center

Stop by the Senior Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center, please call (248) 246-3900 for an application form. The fees to display brochures are \$10 monthly or \$100 yearly.

Rental Information

The use of the Leo Mahany/Harold Meininger Senior Community Center shall be available to nonprofit organizations and groups engaged in educational, cultural, civic or charitable activities or private functions (birthday parties, wedding receptions, baby and wedding showers, graduation parties, etc.). Room set-up and take-down is the responsibility of the requesting organization. Please call (248) 246-3900 for rental fees and room availability.

Special Events and Workshops

May

1	BINGO	12:30 pm
4	Welcome, Newcomers	10:30 am
14	Annual Pool Tournament	9:00 am
15	Kerry Price \$2.00	12:30 pm
18	Salter Center Book Club	10:00 am
19	Lunch and Learn	11:30 am
22	Dinner Dance	6:00 pm

June

1	Welcome, Newcomers	10:30 am
5	Handbells Concert	1:15 pm
9	Lunch and Learn	11:30 am
11	Pool Tournament	9:00 am
12	Senior Brigade	10:00 am
15	Salter Center Book Club	10:00 am
19	Kerry Price \$2.00	12:30 pm
23	Lunch and Learn	11:30 am
25	Travel Show	9:30 am

July

6	Welcome, Newcomers	10:30 am
9	Annual Pool Tournament	9:00 am
17	Kerry Price \$2.00	12:30 pm
20	Salter Center Book Club	10:00 am

August

3	Welcome, Newcomers	10:30 am
11	Lunch and Learn	11:30 am
13	Pool Tournament	9:00 am
17	Salter Center Book Club	10:00 am
17	Lunch and Learn	11:30 am
21	Kerry Price \$2.00	12:30 pm

Medical Equipment Loan Closet

Senior Center has walkers, wheelchairs, bath stools and such available for loan. There is no charge to borrow an item, keep them as long as necessary and return clean. Clean, working durable medical equipment donations are also accepted. Please call (248) 246-3900 prior to bringing in equipment.



Senior Center classes are open to adults of all ages who are available for daytime activities.

Day Trips

Motor City Brass Band
"An American Celebration" \$21
Sunday, May 31 T1013SP
2:00 - 5:15 pm

The Motor City Brass Band is Michigan's first competitive British style brass band, with a reputation in the community and among brass bands for innovative and entertaining performances. Their motto is: "It's more than a concert... it's a show!". Cost includes transportation via Senior Bus, admission.

Detroit Institute of Arts \$5
Wednesday, June 5 T1024SP
9:30 am - 2:00 pm

Be whisked away by motor coach to our fabulous art museum, enjoy a welcome reception and a group tour, then take some time on your own to peruse the priceless treasures and have a bite to eat at Café DIA. You can choose to skip the group tour and go to the Diego Rivera Exhibit on your own. There is an extra cost of \$14 for this, payable at the DIA. Make your choice known at registration, please. Cost includes transportation via DIA bus, admission, reception and tour.

Toledo \$74
Wednesday, June 17 T1011SP
7:15 am - 7:15 pm Bianco Tours

Cruise the Maumee River, an Ohio State Scenic River, in a replica of a vintage canal boat; lunch at Tony Packo's at the Park; tour Fifth Third Field, home of the Toledo Mud Hens Baseball Club. Cost includes transportation via motor coach, tours and lunch.

"Anne of Green Gables" at
Huron Country Playhouse \$139
Thursday, June 25 T1019SP
9:00 am - 8:00 pm Rybicki Tours

In the quaint village of Grand Bend, Ontario exists one of Ontario's most popular summer theaters, The Huron Country Playhouse. Anne of Green Gables – A Musical follows the misadventures of Anne Shirley, a freckle-faced red-haired orphan who will immediately capture your heart with her irrepressible spirit and imagination. It brims with memorable music and magical moments. Cost includes transportation via motor coach, admission and lunch at a local favorite in Grand Bend.

"All that Glitters" \$75
Thursday, July 9 T1009SU
9:00 am - 6:45 pm Bianco Tours

Spend three hours at Greektown Casino, one of Detroit's premier casinos, and then enjoy lunch on the Detroit River at Sindbad's. Highlighting the day is a 2-hour narrated cruise aboard the Diamond Jack! Relax as you cruise along the sparkling waters of the Detroit River. Cost includes transportation via motor coach, lunch and cruise.

Huron Lady II \$109
Thursday, July 16 T1008SU
8:15 am - 4:30 pm Rybicki Tours

Board the Huron Lady II in Port Huron and enjoy a two-hour narrated cruise on the St. Clair River and Lake Huron. Lunch will be at a popular Port Huron location, then take a visit to the Knowlton Ice Museum. Cost includes transportation via motor coach, lunch and cruise.

Comerica Park Senior Days \$55
Thursday, July 23 T1022SU
11:30 am - end of game

****THIS TRIP WILL OPEN FOR REGISTRATION ON May 26, 2015****
 Come cheer on our American League Central Champs as they take on the Seattle Mariners! Cost includes transportation via Senior Bus, ticket, hot dog and soft drink. No residency requirements, but only two tickets per person/couple. You must be age 62+.

Jewels of Detroit \$68
Wednesday, August 12 T1011SU
8:45 am - 4:45 pm Bianco Tours

Why were no cannons ever delivered to Fort Wayne? Find the answer to this and learn many more fascinating facts on a guided tour of the historical facility! Lunch at Maccabees in the 1927 building of the same name, then it's off to Belle Isle – another Detroit gem! Stop by Scott Fountain, the Aquarium and the Conservatory. To top off the day, you'll visit Ben & Jerry's at Campus Martius! This tour involves a large amount of walking – be prepared. Cost includes transportation via motor coach, all tours, lunch and ice cream.

Restaurant of the Month

Join us once a month as we travel near and far, seeking out both familiar and new cuisines. Look for announcements in our monthly Newsletter, or call the Center at (248) 246-3900 for more information.



Oakland County Parks
Summer Excursion \$15
Thursday, August 13 T1024SU
12:00 - 4:00 pm

Board the County's bus and take off to Independence Oaks Park for a pontoon boat ride, lawn games and a stop at Cook's Dairy Farm in Ortonville. Cost includes transportation via Oakland County Bus, boat ride and ice cream.

River City Rendezvous /
Discovery of King Tut Exhibit \$88
Tuesday, August 18 T1012SU
9:00 am - 9:30 pm

Come along with us on our annual trek to Grand Rapids! We will have an enjoyable lunch at Charley's Crab on the Grand River. The afternoon brings us to the Grand Rapids Public Museum: among the oldest history museums in the U.S., it exhibits treasures of the past and present. We will tour the Discovery of King Tut Exhibit and have some free time to explore the museum. Frederik Meijer Gardens is our last stop; our Tram Tour brings us past the brand-new Japanese Garden, Leonardo's Horse, indoor and outdoor gardens. Cost includes transportation via motor coach, lunch and two guided tours.

Extended Trips

New England Whale Watch

May 17 - 23, 2015 **\$1245 dbl/pp**
Bianco Tours

Travel scenic byways through centuries of Cape Cod history, go all the way to "Lands End" and see lighthouses along the way! Visit Hyannis, MA; Kennebunkport, ME; enjoy a Down East Clambake; on the way home stay in the gorgeous Finger Lakes region on Skaneateles Lake. Cost includes transportation via motor coach, accommodations, 9 meals and much more! \$20 deposit; balance due April 17, 2015.

Chicago Getaway **\$345 dbl/pp**
June 5 - 6, 2015 **Bianco Tours**

Escape to fabulous Chicago for a night to take in a Detroit Tiger / White Sox game! You'll stay at the Holiday Inn Mart Plaza in downtown Chicago, enjoy free time at Navy pier, and on the Magnificent Mile for shopping. Cost includes transportation via motor coach, accommodation, game ticket and an architectural tour along the Chicago River. \$20 deposit; balance due May 5, 2015.

"Titanic, the Musical" **\$399 dbl/pp**
June 16 - 17, 2015 **T1004SP**
Shoreline Tours

The Princess of Wales Theatre brings you the haunting story of the great ship Titanic, transformed into a riveting musical in which the hopes and dreams of rich and poor, heroes and cowards are woven together in a celebration of the human spirit. Cost includes transportation via motor coach, accommodation, performance and your choice of a visit to the Hockey Hall of Fame or the Bata Shoe Museum! \$100 deposit; Balance due April 15, 2015.

Wisconsin Dells **\$799**
June 16 - 19, 2015 **Rybacki Tours**

Powerful torrents of water from melting glaciers carved the 100-foot high sandstone cliffs that are the magical place known as the Dells. View the upper dells with a narrated scenic boat excursion, and the lower dells via the original Wisconsin Ducks, converted amphibious WWII landing craft! Visit the House on the Rock, downtown Wisconsin Dells and enjoy dinner and the Tommy Bartlett Thrill show. Cost includes transportation via motor coach, accommodations, tours and 6 meals. \$50 deposit; balance due May 1, 2015.

New York City **\$1039 dbl/pp**
June 18 - 22, 2015 **Bianco Tours**

You'll see our Detroit Tigers take on the New York Yankees at Yankee Stadium, a guided tour of Grand Central Station, the 9/11 Memorial Museum, Empire State Building and a Double Decker Bus Tour of the Big Apple! There are also exciting dining venues scheduled and shopping time! Cost includes transportation via motor coach, accommodation, six meals and more! \$20 deposit; balance due May 18, 2015.

Quilt Gardens **\$269 dbl/pp**
July 6 - 7, 2015 **Bianco Tours**

It's all about quilts! See real ones and quilt-patterned gardens throughout northern Indiana's Amish Country. A local expert gardener will spend two days giving you the inside scoop on each site's special story. Partake in a famous Thrasher Dinner and Haystack Lunch, too! Cost includes transportation via motor coach, three meals and tours.

Ohio Light Opera **\$599 dbl/pp**
July 24 - 26, 2015 **Rybacki Tours**

See the Gershwin brother's "Oh, Kay!", a musical comedy about bootlegging, "Brigadoon" and Cole Porter's "Can-Can", one of Porter's most glorious scores featuring "I Love Paris". Cost includes transportation via motor coach, two nights in Wooster at the Hilton Garden Inn, and four meals. \$150 deposit; balance due June 11, 2015.

Vancouver and
Canadian Rockies **\$2635 dbl/pp**
July 28 - August 4, 2015 **Bianco Tours**

Featuring Vancouver Island and Victoria, British Columbia; Butchart Gardens; guided tour of Vancouver; drives through Yoho, Glacier and Revelstoke National Parks; Snocoach tour through the Columbia Icefield; Banff National Park; Observation Deck and dinner at Calgary Tower; and much more! Cost includes round trip air fare, transportation via motor coach, accommodations, 11 meals. \$50 deposit; balance due June 16, 2015.

Oregon Coast **\$3299 dbl/pp**
August 8 - 17, 2015 **T1005SP**
Shoreline Tours

Fly into Seattle, Washington to begin this spectacular trip. Visit Pike Place Market, Mr. St. Helen's Visitor Center, Multnomah Falls, and Bonneville Dam, as well as massive Gray Whales during the Whale Watching Cruise out of Newport, Oregon! You'll also see lighthouses, sand dunes, redwoods and wineries. Travel down the magnificent coast to your San Francisco hotel right at Fisherman's Wharf! Cost includes transportation via jetliner and motorcoach, all accommodations, 13 meals and much more. \$250 deposit; balance due June 8, 2015.

French Lick, Indiana **\$699 dbl/pp**
August 10 - 13, 2015 **Rybacki Tours**

Take walking tours of both French Lick and West Baden Springs Historic Hotels, a train trip through the Hoosier Nat'l. Forest on the French Lick Scenic Railway, a hayride and dinner at the Wilstem Guest Ranch, lunch on a scenic Lake Cruise and the French Lick Winery for a wine-tasting! There's more - pick up a flyer today! Note: This trip is rated just below "Energetic" for the amount of walking involved. \$50 deposit; balance due June 24, 2015.

Lake Geneva, Wisconsin **\$569 dbl/pp**
September 9 - 11, 2015 **T1006 sp**
Shoreline Tours

Voted one of Travel & Leisure's Top 10 Most Beautiful Towns in America, Lake Geneva is known for its pristine natural beauty and stunning lakefront estates. Enjoy it all during the Ice Cream Social boat cruise, but you'll also have time to shop the quaint downtown, or visit the Spinning Top & Yo-Yo Museum; take the Landmarks Tour at SC Johnson Company (40 stairsteps here) on the last day, as well as the unique Fred Hermes Basement Bayou attraction! Cost includes transportation via motor coach, accommodations, 5 meals and much more. \$100 deposit; balance due July 9, 2015.

More Extended Trips on page 22



Welcome Newcomers

1st Monday, 10:30 am

June 1, July 6, August 3

Here's your chance to acquaint yourself with the programs and services available at the Mahany/Meininger Senior Community Center. Learn how to register for classes, trips, programs, and meet the staff. Receive a complimentary lunch. Call 246-3900 to reserve. Need a ride from your R.O. home? Call 246-3914.

Billiards

Three pool tables are located in the game room at the Mahany/Meininger Senior Community Center. Pool may be played Monday through Friday from 9:00 am to 4:30 pm. There is a 50 cent daily charge or \$3.00 monthly fee for use of the tables. Drop-in Pool Tournaments are held monthly.

Monthly Pool Tournament

Thursdays, 9:30 am

June 11, July 9, Aug. 13

Enjoy a luck-of-the-draw singles tournament for fun and cash prizes. Men and women are welcome. Refreshments served. \$2 fee payable at the door.

Drop-In Cards

Rubber Bridge

Mondays, 12:15 pm

Drop in with a partner to play Rubber Bridge, \$1.00. Come early if you have no partner, will try to pair.

Pinochle

Tuesdays, 12:30 pm

Drop in for pinochle, meet new friends, \$1.00.

Duplicate Bridge

Wednesdays, 12:30 pm

Drop in with a partner to play Duplicate Bridge, \$1.25.

Euchre

Thursdays, 12:30 pm

Drop in to join experienced players who like to play Euchre. Play 8 rounds of cards, \$1.00.

BINGO

Fridays, May 1 and July 10

12:30 pm

Sponsored by Traveling Angels. First Friday of the month. Come join the fun! Win prizes! Drop in, no charge!

Crochet Creations

Thursdays, 12:15 pm

Join this group for an afternoon of stitching your personal work in progress; pattern discussion; and/or help reading a pattern or learning a new stitch. Beginners are welcome, we will teach you how to crochet. Several times a year, the group jointly creates projects to give back to the community. No charge.

Helping Hands

Tuesdays & Thursdays, 9:30 am

Do you like to knit or crochet? Drop by and become a part of this worthwhile group that makes blankets and other items for charity. They are currently working with Beaumont Hospital and Project Linus, a national organization that collects blankets for children who are experiencing illness, trauma and/or crisis. Donations of yarn are always needed. Drop off yarn on the days the group meets.

Senior Quilting

Tuesdays at 10:00 am

Come join us for a day of hand quilting, machine piecing quilt tops and socialization. If you're new and just getting started, we are happy to help. Bring sewing machine and your project. Drop-ins welcome. No fee.

Sit 'n Knit

Tuesdays, 1:00 - 3:00 pm

Come join in as we knit and visit! Share work in progress, tips and "show and tell" finished projects. A relaxing visit with others who share your love of knitting or a little knitting help. All knitters welcome, beginners and experienced.

Mahjongg Class

Wednesdays, 9:30 - 11:30 am

July 8, 15 and 22

C1093SU

\$22/3 sessions

Mah Jongg is a game played with tiles that include Chinese figures, and a card which indicates the arrangement of tiles to win a game. It involves skill, strategy, and calculation. Class size limited to four. You must pre-register.

Mahjongg Drop-In

Wednesdays, 9:30-12 noon

Fridays, 1:00 - 3:00 pm

Experienced players may drop in and play on Wednesday and Friday mornings. Players must follow National Mahjongg League rules only. No charge.

Kerry Price on Piano

3rd Friday, 12:30 pm

June 19, July 17, August 21

Don't miss these musical programs written and performed by **Kerry Price**, sure to be both entertaining and educational. Ms. Price, a popular vocalist and pianist, has delighted audiences with her one-woman programs since 1976! \$2 per program, payable at the door.

Monthly Matinee

2nd & 4th Friday, 12:30 pm

Enjoy movies but don't like watching them alone? Join us as we show the latest and greatest releases on DVD each month projected on a larger screen. Titles are announced in the *Times*. Suggestions and donations are welcome.

"Star-Grabbers"

Amateur Astronomy Club

2nd & 4th Wednesdays, 10:00 am

Reach for the stars! Observe celestial objects with Ed, Dick and Bill. They have begun an amateur astronomy club to share their interesting hobby, and teach individuals on the use of telescopes. Plans are being made to meet for Outdoor viewing sessions and Indoor discussion sessions. Drop-in, donations accepted.

Ring-A-Thon

The Royal Oak Handbell Choir's 25th Annual Ring-A-Thon will be held **10:00 am - 2:00 pm on Saturday, July 11 at Memorial Park** during the Royal Oak Outdoor Art Fair. Bells will peal to delight the Fair's patrons and park-goers, as the all-volunteer choir seeks to raise funds for its yearlong program.

Pledges and donations are being sought by the bellringers. Stop by the park on July 11 or call the Senior Center to offer your support at 248-246-3900.



Financial/Investment Aide

3rd Thursdays, 10:00 am

May 21, June 18, July 16, August 20

Hantz Financial will provide financial and tax advice and offer a complimentary review of your current investment portfolio. Call (248) 246-3900 to reserve your free 30-minute appointment.

Focus on the News

Interested in News

1st & 3rd Tuesdays, 10:30 am

Tired of talking back to your TV set? Join a fun and lively discussion of local, national and international news issues. Visitors encouraged. We're always looking for new people.

Foot Doctors

2nd Wednesday, 9:00-11:00 am

June 10, July 8, August 12, Sept. 9

Dr. Robert Adas and Dr. Larry Wexler will see patients at the Center for your convenience with an office in Huntington Woods. Most services will be covered by insurance. Please pre-register.

Home Repair and Equity Scams

Friday, June 12, 2015, 10:00 am

Presenter: Senior Brigade,

A Michigan Seniors Initiative

The Senior Brigade, division of the Attorney General Bill Schuette's Office, will be here to help you identify and protect yourself from Homeowner scams. Learn: Tips to Protect Yourself and Your Future; How to recognize and avoid home repair and home loans scams; How to work with a contractor; Reverse mortgage tips. Register by calling (248) 246-3900.

Massage Therapy

3rd Fridays by appointment

June 19, July 17, August 21

Licensed Massage Therapist Heidi provides therapeutic massage using the holistic approach. All of these massages provide benefits; help in reducing muscular and nerve pain, and aids relaxation. She provides massage sessions of 30 minutes for \$30, 60 minutes for \$50, or 75 minutes for \$60. Call the Center for an appointment at 248-246-3900.

Painting – All Media

Thursday, 9:15 - 11:45 am

April 30 - June 18

C1090SP

July 9 - August 27

C1090SU

\$55 / 8 weeks

Mike Byrne will instruct students of all abilities individually through the morning. Mike is Vice President of the South Oakland Art Association and a working artist in many painting mediums. Supply list is given at sign-up for those without any of their own supplies. Preregister.



Handbells

Fridays, 12:45 pm

Experience the fun of ringing handbells with a group to create beautiful music. According to director Sylvia Hartsoe, playing handbells keeps the mind sharp and leads to excellent eye-hand coordination. This is not a "class" to learn about Handbells, but it is a Handbell Choir which began in September 1988. The best time to join the group is in early September to learn the music which will be performed in late November and early December, or in January for performances from late April to mid-July. No previous Handbell ringing experience is necessary, but some music background with music reading skills is very helpful. Anyone is welcome to come to a rehearsal to observe and see if it is something you would like to join. Giving performances in the community will showcase your skills. Program will resume on September 4, 2015.

Spring Handbell Concert

Friday, June 5, 1:15 pm

Enjoy a Spring Spectacular concert featuring the music of the Royal Oak Senior Handbell Choir. Complimentary ice cream and toppings following the concert. No charge.



Computer Club

Wednesdays, 12:30 pm

Calling all beginners to experienced computer enthusiasts. All levels join our growing club for computer networking and guest speakers discussing "cyber" topics of interest. Guest speakers are listed in the monthly newsletter, *Times*. Donations accepted.

Ask the Computer Lady!

Tuesdays AM

C1087SP

9:15- 9:45 am

\$20 / 30-min. sessions or

\$35 / 60-min. sessions

Have your questions ready for Marta and be ready for an informative half-hour, one-on-one. Bring your laptop or Kindle, learn how to check your email, or make sure your security is up-to-date. Call ahead to register and pay: (248) 246-3900.

Laptop Computer Class

Tuesdays, 11:30 am - 12:30 pm

May 5 - 26

C1085SP

June 2 - 23

C1086SP

July 7 - 28

C1085SU

August 4 - 25

C1087SU

\$40 / 4 weeks

Set up for beginners and advanced students to bring your own laptop to class and learn to safely use Windows. Pre-registration required. A \$5 materials fee due to instructor at first class. Class size limited to 4. If only one student registers, the class will be shortened to two sessions, effectively becoming a one-on-one.

"Get" Your Gadget **NEW!**

Tuesdays, 11:15 - 12:00

March 10 through June 23

C1080SP

\$60 / Three 45-minute

One-on-One Sessions

This NEW one-on-one class will clear up the mysteries of your tablet, e-reader, cell phone, laptop or camera! You may also use the time for learning basic computer skills on our desktop computers. Remember to bring all cables and power cords along. Call to register for your choice of dates: 248-246-3900.

Ballroom Dance Class

Mondays, 1:00 pm

Join instructor Bill Scheff on Monday afternoons to learn all the fancy footwork involved in Ballroom dancing. No partner is needed for participation. Feel free to drop in and watch anytime. \$5.00

Round Dance

Thursdays, 1:00 pm

Renew a basic background in Round Dance. Join the fun – dancing is great exercise. This class instructs phase 3-5 of round dance. \$1.50

Line Dancing

Fridays, Intermediate, 1:00 pm

Line dancing is not only fun but good exercise as well. And you don't need a partner. Learn the hot country line dances. \$2 payable at each lesson. NO BOOTS.

Chair Exercise (DVD)

Mondays, 10:30 am

This session is of a "gentle" nature for those of you who are just starting on a fitness program, or those who must not do strenuous exercise.

Chair Exercise with Cindy

Fridays, 10:30 am **\$25 / 6 weeks**

May 22 - June 26 **C1025SP**

July 10 - August 14 **C1025SU**

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasizing posture, coordination, and fall prevention, in a 45-minute workout. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and hand-held weights if you wish. Pre-registration is requested.



Healthy Back Class

Wednesdays, 1:30 pm

July 8 - August 12

C1018SU

\$25 / 6 weeks

If you have ever experienced acute or chronic back pain, you are in the majority. This class, based on the YMCA's Way to a Healthy Back, is designed to strengthen and stretch back and core muscles in order to prevent back injuries that can often result from everyday activities; to improve posture; and to increase awareness of body mechanics to promote safety in everyday movements. Class is 45 minutes; please bring a mat and water. Wear comfortable clothing and shoes. Instructor – Cindy Erlandson. Pre-register. Call (248) 246-3900 for more information. Active adults get great results.

Kuratomi Stretching

Wednesdays, 10:30-11:30 am

May 20 - July 8

C1010SU

\$64 / 8 weeks

New to the U.S.A.! Heal yourself. Balance your muscular and nervous system! Use the power of your own Ki/Chi to correct and naturalize internal organ functions! The Kuratomi Method is inspired by ancient Japanese forms of Shindo, Sonkyo, and Jumon to open the body, mind, and spirit gently and naturally. The student can grow into the stretches, yet they are immediately effective, and all poses are adaptable to all personal needs. Wear comfortable clothing and bring a mat. Pre-register.

Pilates/Core Body Conditioning

Mondays, 10:30 am

July 13 - August 31

C1000SU

\$36 / 8 weeks

Pilates is a neuro-muscular resistance control method of exercise designed to help develop strong, flexible muscles and better posture. This is a basic class with emphasis on gradual progression and strict body alignment and exercise form. Wear loose comfortable clothes and bring a mat. Instructor Cheryl Baugh, ACSM Certified Fitness Instructor.

Silver Foxes

Monday, Tuesday,

Wednesday & Friday, 9:30 am

Low impact aerobic classes for the intermediate exerciser. Increases flexibility and works the heart – all to a Richard Simmons video tape. No fee.

Sit Down & Tone Up

Tuesday & Wednesday, 10:30 am

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

Tai Chi Basic & Chen Style

Thursdays, 9:15 am

April 16 - June 25

C1063SP

\$60 / 10 weeks

No class June 18

Tai Chi Basic exercises are for beginner and continuing. The class will include: Tai Chi warm-up, gentle stretching. Tai Chi walking and silk reeling and section one of Chen Style Tai Chi old form.



Zumba Gold

Fridays, 12:30 pm

May 29 - July 24

C1014SU

\$40 / 8 weeks

No class July 3

August 7 - 28

C1015SU

\$20 / 4 weeks

Here's your chance to "Dance with the Stars!" Be ready for a low-impact aerobic workout, some chair work, great music and fun! Take salsa, cha-cha, samba, tango, meringue, add hits of flamenco, calypso, hip-hop and belly dancing, put it all in a workout routine, and you have Zumba Gold! Dress comfortably, wear dance sneakers or tennis shoes. Bring water. Pre-register. Drop-in available \$7 per class.

Chair Yoga

Wednesdays, 12:30 - 1:15 pm

July 8 - August 12 C1022SU
\$25 / 6 weeks

Fridays, 11:30 am - 12:15 pm

July 10 - August 14 C1020SU
\$25 / 6 weeks

It's amazing how much yoga can be done in a chair! This 45-minute class consists of three 15-minute sections, the first and last of which are done seated in the chair. The middle section is done standing using the chair for balance. We focus on breathing and relaxation, stretching for flexibility, and balance practice which also increases muscular strength. The class is accompanied by soothing, stress-relieving music. You will leave feeling rested and rejuvenated.

Gentle Yoga

Mondays, 9:15 am

May 11 - June 29 C1029SU
\$32 / 7 weeks *No class May 25*

Mondays, 1:00 pm

May 11 - June 29 C1030SU
\$32 / 7 weeks *No class May 25*

Thursdays, 1:00 pm

May 14 - June 25 C1031SU
\$32 / 7 weeks

Thursdays, 1:00 pm

August 6 - 27 C1032SU
\$18 / 4 weeks

Yoga creates many benefits in your overall health and wellness. Improve your strength, flexibility and sense of well-being with breath awareness and movement. Relax and rejuvenate to look and feel better. Mat and comfortable clothing recommended. Please preregister. Instructor Noreen Daly.

Yoga

Tuesdays, 12:45 pm

July 7 - August 25 C1005SU
\$36 / 8 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase, strength, flexibility, alignment and balance. Instructor - Cheryl Baugh. Preregister.

Extended Trips

continued from page 18

Cape Cod and

Martha's Vineyard \$1399 dbl/pp
Sept. 13 - 19, 2015 Rybicki Tours

See Mystic Seaport, CT, Hyannis, Plimoth Plantation, Plymouth Rock and Mayflower II, Cape Cod Nat'l. Seashore, Norman Rockwell Museum and much more! You'll stay 3 nights at an ocean front beach resort in South Yarmouth on Cape Cod. Take in a Whale Watch excursion, stay a night in the Pocono Mt's and stop at Niagara Falls on the return trip. Cost includes transportation via motor coach, 11 meals and accommodations.

National Parks and

Canyonlands West \$2899 dbl/pp
September 15 - 22, 2015 T1007SP
Shoreline Tours

Start this incredible journey in Salt Lake City with a guided tour, then go on to Moab, Utah for a stay at Red Cliffs Lodge, right on the Colorado River, surrounded by magnificent 2000 foot high cliffs, with an outdoor BBQ cookout! On this picturesque trip you'll visit Canyonlands and Arches National Parks and the Cliff Dwellings at Mesa Verde, and many State Parks. Ride the Durango & Silverton and Cumbres & Toltec Narrow Gauge Railways, too! Cost includes transportation via jetliner, motor coach, accommodations, tours, and much more! \$250 deposit; balance due July 15, 2015.

Mississippi River Cruise

Celebration Belle \$749 dbl/pp
October 5 - 8, 2015 Rybicki Tours

Spend one day aboard the largest non-gaming excursion vessel on the Mississippi River, including breakfast, lunch and prime-rib dinner! As you take in the views and navigate through locks and dams, you'll enjoy outstanding entertainers as well. Explore the "Quad Cities" on day 3, visiting Rock Island Arsenal, quaint LeClaire, the Circa 21 Dinner Playhouse and a musical comedy, "Route 66". Cost includes transportation via motor coach, accommodation at the Radisson in Moline, Ill., all tours, shows and 7 meals. \$50 deposit; balance due August 21, 2015.

Vermont and

New Hampshire \$1799 dbl/pp
October 10 - 17, 2015 T1008SP
Shoreline Tours

Scenic rail excursions, beautiful cruises, back road touring, great sightseeing and attractions, charming villages and New England's stunning fall colors combine to make this a trip you'll not want to miss! Visit the fabulous Finger Lakes Region, "Vermont's Grand Canyon", Mt. Washington Cog Railway, Seneca Lake Cruise, and so much more! \$100 deposit; balance due Aug. 10, 2015.

Mackinac Island Grand Adventure

\$736 dbl/pp; \$961 single; \$671 trp/pp
October 6 - 9, 2015

Indulge yourself with three nights at the historic Grand Hotel. This annual trip has the most repeat travelers of any of our trips. There are lots of activities, tours and contests or you can just relax and rock on the fabulous front porch. Cost includes transportation via motor coach, accommodations, breakfast each morning, tea and cookies each afternoon, 5-course dinner each night, a special champagne reception, nightly dancing to the Grand Hotel Orchestra and many extras. Deposit of \$425 PER ROOM is due May 15, 2015; after this date full balance due: August 7, 2015.

Shades of Ireland \$3649 dbl/pp
October 12 - 21, 2015 Collette Tours

Travel to the magical Emerald Isle! Soak in the landscapes of rolling hills and feel the warmth of an Irish welcome. Visit Limerick, Killarney, Waterford and Dublin as this comprehensive tour introduces Ireland's natural beauty, rich history and its hospitable culture. Highlights include: Cliffs of Moher, Galway Farm Visit, Ring of Kerry, Blarney Castle, and much more! \$250 deposit; balance due August 12, 2015.

Lunch and Learn Series

11:30 am - 1:30 pm

Free lunch from Tim's Kitchen for all whom preregister and attends a presentation. You must sign-up for all or one of the topics listed below by calling (248) 246-3900. Please note registration deadline below (space limited).

If you sign-up for a Lunch and Learn and fail to show up or call to cancel two times in a calendar year, you will not be permitted to sign-up for any more Lunch and Learns for that year. **To register, call (248) 246-3900.**

Tuesday, May 19, 2015 A1034

"How to Balance Hormones Naturally"

Presenter: Dr. Orvis – Progressive Chiropractic

Learn how an imbalance in hormones can be the source of symptoms such as fatigue, trouble sleeping, weight gain, trouble losing weight, skin issues, infertility, endometriosis, PMS, increased stress levels, and many other health issues. Educate yourself by attending "how to Balance Hormones Naturally" with Dr. Orvis. Deadline to register is Thursday, May 14.

Tuesday, June 9, 2015 A1036
"Hospital to Home"

Presenter: Lisa Vaara-Lewis; 20 year experience as a Geriatric Social Worker Assured Home Nursing Services

Learn for Ms. Vaara-Lewis "real-life," empathetic, viewpoint on your options, when leaving a hospital setting for the geriatric population. What has been tried and successful, what to prepare, and what to expect. Including: Connecting with your case worker; Homecare options and preparing a homecoming; Create a solid power of Attorney for healthcare; Benefits for a medical binder. Deadline to register is Thursday, June 4.

Tuesday, June 23, 2015 A1035
"Dangers of Do-it-Yourself Planning"

Presented by: Eric S. Glick, ESQ. of THAV GROSS PC and weekly guest on "Financial Crisis Talk Center" (WDFN) 1130 AM

Will discuss and be available to answer YOUR Questions on probate, asset protection, wills and Trusts, and other legal documents used in estate planning. As well as, recent changes in the law and improper 'do-it-yourself' estate planning. Erick S. Glick concentrates his practice on estate planning: asset protection; probate court representation; corporate law and business matters. Mr. Glick has been a frequent guest on "Your Financial Edge", and on "Common Knowledge" TV13 Novi. Deadline to register is Thursday, June 18.

Tuesday, August 11 A1029

"Dangers of Joint Ownership with Your Children"

Presented by: Estate Planning Professionals

Who legally owns the money in a Joint Bank Account? Does your daughter-in-Law own part of your home? Come learn the surprising and frightening facts of joint ownership with your children! Deadline to register is Thursday, August 6.

Monday, August 17 A1030

"Chronic Pain? Need Instant Relief? No Side Effects!"

Presented by: Valerie Clark and Romina Profeta

Get out of pain! Join us to learn about Compounded Pain Creams and what they can do for YOU. Valerie Clark, Regional Manager from Custom Meds Compounding Pharmacy, joined by Romina Profeta, a Senior Physical Therapist from DMC, will present alternatives to traditional medicine and their many benefits. Mrs. Profeta will all also address common pain ailments and demonstrate techniques to get relief. The seminar will go over health questions with taking compounded medications.

- Non-Invasive
- Non-Addictive
- DO NOT toxify your organs
- Or interact with other medications
- Made from scratch
- Customized for each individual's needs

Lunch will be provided and gifts will be raffled off. For additional information on Custom Meds Compounding Pharmacy, email Valerie@custommeds.com. Deadline to register Thursday, August 13.



Memorial Day Pancake Breakfast

Monday, May 25,
7:00 am - 12 noon

Royal Oak Farmers Market

Adults \$6.00;
Children 10 & under \$3.00

*Proceeds support the
Royal Oak Historical Society
Museum*

Royal Oak Memorial Day Parade

Monday, May
25, 9:00 am

Begins at Main Street and Harrison and goes north to Second St. and the Royal Oak Veteran's Memorial at Veteran's Plaza between City Hall and the Library.



Drop-In Sports at the Salter Center

Pickleball

Mondays, Wednesdays and Fridays
11:00 am - 1:00 pm or 1:00 - 3:00 pm
\$2 per session

Limit 16 players per session

Pickleball is played with wooden or composite paddles and a whiffle-type ball, a combination of tennis and badminton, easy to learn and great exercise!

Bounce Volleyball

Tuesdays and Thursdays

11:00 am - 1:00 pm

Bounce Volleyball, a slightly slower paced game than power volleyball, allows a wider range of skill levels to participate and enjoy this great game. \$1 per session.

Drop-In Pinochle

Wednesdays & Fridays

12:45 pm

Drop in for an enjoyable game of pinochle, meet new friends. \$1

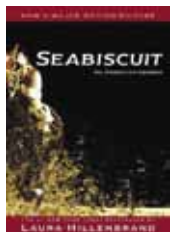
Salter Center Book Club

3rd Monday, 10:00 - 12:00 noon

Are you an avid reader? Would you like to meet with people who share your passion for the written word? Join **Mary Ann DeKane**, Outreach Librarian from the Royal Oak Public Library, and members in the reading and discussing of the following popular selections:

May 18, 2015

Seabiscuit: An American Legend by Laura Hillenbrand



June 15, 2015

The Sixth Extinction: An Unnatural History by Elizabeth Kolbert



July 20, 2015 -

Title TBA

August 17, 2015 -

Title TBA

Balance Training

Fridays, 12:30 - 1:00 pm

June 5 - July 17 No class 7/3 SA2006

July 24 - August 28 SA2007

Cost: \$24 / 6 weeks

Feeling unsteady? Loss of balance often results in falling and bone fractures. This 30-minute workout is designed to build bone, strengthen core, pelvic and leg muscles while improving posture and balance. Fun and innovative exercises keep you smiling and moving! Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching fitness classes since 1994.

Helping Hands

Fridays, 9:30 am

Interested in knitting, crocheting or sewing? Create blankets for chemotherapy patients at the Salter Center on Fridays, or work at home. Kits are available, or you can use your own materials to create squares that can be assembled into blankets for the patients. Stop by and get the details about the size and type of materials desired, or call (248) 246-3180. Donations of 4-ply yarn gratefully accepted.



Let's Walk!

Monday - Friday, 8:30 am - 11:00 am

Strengthen your heart, lungs and vascular system. Improve your circulation. Relieve tension and modify the aging process. How? Join **Let's Walk!** and enjoy the four seasons, briskly walking at your own pace. Walk indoors around the gym or outdoors in the park and neighborhoods, weather permitting. Track your progress by completing a mileage log sheet at the Salter Center.

Sit Down & Tone Up

Monday, Wednesday, Friday; 9:30 am

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

Stretch & Strength (40+) Cardio, weights and stretching

11:00 am - 12 Noon

SUMMER 1

Mondays: June 8 - July 13

Wednesdays: June 10 - July 15

Fridays: June 12 - July 24

No class July 3

Fee: \$26 / 6 weeks for 1 day SA 2008

\$46 / 6 weeks for 2 days SA 2009

\$62 / 6 weeks for 3 days SA 2010

\$5 drop-in fee

SUMMER 2

Mondays: July 27 - Aug. 31

Wednesdays: July 29 - Sept. 9

Fridays: July 31 - Sept. 11

No class Sept. 2 and 4

Fee: \$26 / 6 weeks for 1 day SA 2016

\$46 / 6 weeks for 2 days SA 2017

\$62 / 6 weeks for 3 days SA 2018

\$5 drop-in fee

Fun exercise for the active adult and senior. Improve your stamina, strength and flexibility. All exercises are adaptable to allow you to work at your own pace and fitness level. Each class includes low-impact aerobics, strength training and stretching. Workout to great music, make new friends, socialize, laugh and have fun! Bring a water bottle and hand-held weights if you have them. Wear tennis shoes and loose, comfortable clothing. Instructor Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching this popular class in Royal Oak since 1994.

Yoga

Thursdays at Salter Center, 10:15 am

June 25 - August 13

SA 2015

\$36 / 8 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase, strength, flexibility, alignment and balance. Instructor - Cheryl Baugh. Preregister.



Royal Oak Senior Essential Services

R.O.S.E.S. is a program providing a variety of supportive services to Royal Oak residents age 62 and over. Payment is made directly to the contracted worker. A \$5 registration fee per year is required (assistance with payment is available to qualifying low-income seniors). The City of Royal Oak sponsors this service. Call 246-3900 Monday - Friday.



Home Chore – If you reside in Royal Oak, you are eligible to have household tasks such as snow shoveling, yardwork, housework and gutters (first level) cleaned for you. No windows, weeding, wall washing or roofing.

Home Repair – Repairs that do not require a licensed contractor are available to homeowners. Repairs include minor plumbing, carpentry and minor electrical.

Personal Care – Includes assistance with activities of daily living: bathing, feeding, shampoos, dressing and help with ambulating.

Adjacent Generational Exchange (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

Looking for a Few Good Volunteers!

The Senior Center is always looking to introduce new programs. Do you have a few hours of time to spare each month?

Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

Alzheimer Support Group

4th Monday, 10:00 am

May 18, June 22, July 27, August 24

This group is an opportunity for caregivers to share information and learn from others in a supportive, caring environment. Contact the Alzheimer's Association at 800-272-3900.

Aphasia Support Group

Thursdays, 10:00 am - 12 noon

This group is for adults with communication disorders. Gain support from others on your road to recovery. For more information, call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

Deaf Assistance Group

Wednesdays, 9:00 am

We welcome deaf adults for socialization each Wednesday.

Hearing Tests/ Clean Hearing Aids

Tuesdays, 1:00 pm

May 12, July 14, Sept. 8

Zounds will provide free Hearing Tests and Hearing Aid Cleanings every other month. Call (248) 246-3900 for a 15-minute appointment.

Legal Aid

3rd Thursday (Sr./Comm. Center)

May 21, June 18, July 16, August 20

Do you have a legal issue to resolve, but are not sure you need to engage the services of an attorney? Kent Schultz, Attorney at Law, will provide free 15-minute consultations to senior citizens each month. A fee will be charged for additional services. Call (248) 246-3900 for an appointment. Can't make it to the Center? Call Mr. Schultz at (248) 541-2567 to schedule a complimentary home visit.

Medicare/Medicaid Assistance Program

MMAP counselors are available for assistance in choosing the right health plan for you. For questions regarding Medicare, Medicare Part D prescription plans and Medicaid, call Carolyn Marsh at (248) 246-3900. In-person assistance by appointment only.

Outreach

Our Outreach Administrator is available to help residents aged 62 and over through the sometimes overwhelming process of obtaining needed services. Please call (248) 246-3900 with your concerns about personal care, housing or other independent living requests. An in-home visit to assess needs is available through this service at no cost.

P.A.L.

(Positive Attitude Living)

Fridays, 10:30 am

Your attitude determines your life! Join this group to enrich your life and meet new friends. Bring your ideas for positive change to share with the group. Newcomers welcome.

Tim's Kitchen

Enjoy meals, \$3, prepared from scratch in the Mahany/Meininger Center kitchen Monday - Friday. Chef Tim Campbell's old favorites and new creations are nutritious, filling, and delicious! Call for monthly menus.

- Call (248) 246-3900, at least 1 day in advance to reserve a meal.
- Call to cancel reservations if unable to attend.
- Purchase meal vouchers (5 or 10 meals) at any time. Great gift idea!
- Bus fee is waived if you ride the bus to the Center for lunch!
- Menu subject to change based on availability of food supplies.

Carry-outs now available \$3.50

Meals on Wheels are available to home bound residents unable to travel to the Center. Call Emerald Food Services at (248) 689-0001 for hot meals delivered daily. The menu for homebound meals differs from the meals served at the Senior Center.

Transportation

This service provided by the City of Royal Oak promotes independence for residents aged 62 or older, and adults who are permanently handicapped. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. The driver will assist with bags of groceries. **Call (248) 246-3914 between the hours of 9:30 am - 12:30 pm** to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. All buses are equipped with lifts for the handicapped. Prepaid tickets are available: \$19/5 round-trip tickets and \$14 / 5 one-way tickets.

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Beaumont Health Systems, SMART Municipal and Community Credit Funds, and rider donations.

Mayor
Jim Ellison

Sharlan Douglas
Kyle DuBuc

City Commission
Michael Fournier
Jeremy Mahrle

Pat Paruch
David J. Poulton, Mayor Pro Tem



45th Annual Royal Oak Outdoor Art Fair July 11-12 in Memorial Park

Saturday, July 11, 10:00 am - 6:00 pm
Sunday, July 12, 10:00 am - 5:00 pm

The Royal Oak Outdoor Art Fair is a juried fine arts fair in its 45th year. It is set among the beautiful trees of Memorial Park at the corner of 13 Mile and Woodward. The fair offers a unique blend of fine art and fine crafts. The show attracts artists from across the country and ranks as one of the top fairs in the U.S. Art work will be for sale in many categories including drawing, painting, photography, clay, collage, glass, metal, wood, jewelry, leather, fiber and mixed media.

The Royal Oak Outdoor Art Fair is co-sponsored by Royal Oak Recreation and the Royal Oak Arts Council. For more information, call the Royal Oak Recreation Department at 248-246-3180 or visit www.royaloakarts.com. **No dogs allowed in the park.**



Paul Wood – Troy, MI



Sidney Savage-Carson – Lake Orion, MI



Nancy Straley – Columbia, SC



Karen & Jess Taber – Wyoming, MI



Paul Mason – Kimball, MI

Royal Oak Opens Its Doors

Home Tour Set for Saturday, June 27th

The 2015 Royal Oak Woman's Club Home Tour will be held Saturday, June 27. The tour offers a rare opportunity to experience the craftsmanship, architecture and unique features of some of the most impressive homes in the city.

The six homes on the tour range from the 1920s to 2012. Tour highlights include:

- The colorful home and studio of a Royal Oak artist whose work has been featured in Detroit Home.
- A historic home originally part of the Lawson Farm. This home features early-American décor along with hand-painted details on select walls and floors.
- A modern, custom-built live/work space with one of a kind details.
- A 1920s charmer with a wrap-around porch and a tranquil deck off the back. This home also includes a workshop above the garage for the welding and woodworking projects of the owners.
- A newer construction Hillan built home that is a 21st century update of a 19th century farmhouse.
- A spacious Northwood Boulevard home with a unique floor plan. This modern twist on the Neo-French style includes an impressive basement entertainment area.

The self-guided tour starts at the Royal Oak Woman's Club, 404 S. Pleasant Street. Tour hours are 10:00 a.m. - 4:00 p.m. Docents will direct and educate participants at each site. Gardens of select homes will also be open to tour.

Advance Tickets are \$20 and can be purchased at the following locations:

- The Ladybug Craft & Framing Shoppe, 123 Catalpa Drive
- William Sullivan & Son Funeral Home, 705 W. Eleven Mile Road
- Online at www.ROWC.org

Tickets on the day of the tour will be \$25 and only available for purchase at the Royal Oak Woman's Club (cash, check and credit cards).

For additional information, contact Lisa Porter at 248-904-8670.

Founded in 1902 the Royal Oak Woman's club is a non-profit community organization dedicated to community improvement through volunteer service. Learn more at www.ROWC.org or follow us on Facebook at www.facebook.com/RoyalOakWomansClub.



May 16

Wine Stroll: Enjoy featured wines and hors d'oeuvres from downtown Royal Oak's top restaurants. Tickets are \$40 in advance and sell out! Visit www.dineroyaloak.org for details!

June 10 - August 21:

Embrace the Barrels: Support the businesses on Washington as Washington Street is renovated for us all! Visit www.downtownroyaloak.org for a list of activities and giveaways!

Jazz, Motown & Funk Come to Center Street this Summer

For the second year, the Royal Oak Commission for the Arts brings its summer concert series to a 'pop-up park' on Center Street between Third and Fourth Streets.

Music enthusiasts are encouraged to grab dinner in downtown Royal Oak and make their way to weekly live performances by some of the area's top bands. Locals, visitors, kids, dogs and hula-hoopers make it a festive atmosphere you won't want to miss!

Save these Thursdays in July and August:

July 9

- 7 p.m. The Bob Mervak Trio - (Jazzy Songbook)
- 8 p.m. Melvin Davis - (Detroit Soul Ambassador)

July 16

- 7 p.m. Sean Blackman's In Transit Quintet
Featuring Harry Hovakimian - (Modern World Music)
- 8 p.m. The Brothers Groove - (Funky Jazzy Soul)

July 23

- 7 p.m. Dave Hamilton Band - (Funky Prog Rock)
- 8 p.m. Nick Kuhl and the Gang - (Covers)

July 30

- 7 p.m. The Bakersfield Dozen - (Old Country)
- 8 p.m. Greater Alexander - (Singer-Songwriter)

August 6

- 7 p.m. Laith Al-Saadi - (Soulful Rock & Blues)
- 8 p.m. Dennis Coffey - (Legendary Motown Guitarist)

August 13

- 7 p.m. Evenin' Gentlemen - (Modern Barbershop Quartet)
- 8 p.m. The Reefermen - (Funky Covers)

All concerts begin at 6 p.m. with performances by The Detroit School of Rock and Pop Music.



FARMERS MARKET

Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 30 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. **For more information, please call (248) 246-3276.**

Open All Year!

Farmers & Specialty Food Vendors are at the market

- Fridays, 7:00 am - 1:00 pm, May - December
- Saturdays, 7:00 am - 1:00 pm, All year

Antique & Collectible Vendors are at the market

- Sundays, 8:00 am - 3:00 pm

Calendar of Events at the Market:

May

- 13 Wed Food Truck Rally (5:00 - 9:00 pm)
- 16 Sat Tequila Mundo (7:00 - 11:00 pm)
- 17 Sun Community Coalition Bike Clinic (2:00 - 5:00 pm)
- 21 Thurs Royal Oak Biker Bash (6:00 - 10:00 pm)
- 25 Mon RO Historical Society Pancake Breakfast (7:00 am - 12:00 noon)

June

- 6 Sat Mixed/New Spirits (7:00 - 11:00 pm)
- 10 Wed Food Truck Rally (5:00 - 9:00 pm)
- 11 Thurs Metro Detroit Tastefest (6:00 - 10:00 pm)
- 15 Mon Safety Town (9:00 am - 1:00 pm)
- 18 Thurs Bollywood Bliss (6:00 - 10:00 pm)
- 20 Sat Camp Casey Summer Beer Fest (7:00 - 11:00 pm)
- 23 Tues PBS Barney Event Shows @ 9 am, 1 pm & 5 pm
- 24 Wed PBS Barney Event Shows @ 9 am, 1 pm & 5 pm

July

- 3-5 Fri-Sun Royal Oak Ribfest – Friday, 3:00 - 11:00 pm; Saturday, Noon - 11:00 pm; Sunday, Noon - 8:00 pm
- 8 Wed Food Truck Rally (5:00 - 9:00 pm)
- 16 Thurs Flavors of the Mediterranean (6:00 - 10:00 pm)
- 18 Sat Armenia Fest (5:00 - 11:00 pm)
- 24 Fri Big Grill Burger Bash (7:00 - 11:00 pm)

August

- 1 Sat Taste of Italy (7:00 - 11:00 pm)
- 6 Thurs Motor City Pizza Fest (5:00 - 11:00 pm)
- 8 Sat Corn Roast & Country Fair (9:00 am - 3:00 pm)
- 12 Wed Food Truck Rally & Classic Car Show (5:00 - 9:00 pm)

September

- 9 Wed Food Truck Rally (5:00 - 9:00 pm)
- 11 Fri Ashley & Jordan Siegel Scholarship Fundraiser
- 16 Wed Bridal Show (6:00 - 10:00 pm)
- 17 Thurs Great Lakes Bacon Bash (7:00 - 11:00 pm)
- 19 Sat Royal Oak Beer Fest (7:00 - 11:00 pm)



Like us on Facebook!



City of Royal Oak Home Improvement Program

Loans and grants are available through the City's Housing Office to help qualified homeowners repair their homes.

Royal Oak's Home Improvement Program is intended to maintain and improve the City's neighborhoods by helping low- and moderate-income homeowners make necessary repairs.

There are two types of loans and a grant:

Installment loans: Up to \$40,000 at 0% interest. Applicants must be the owner of a single-family home with graduated limits on total household income ranging from \$37,950 for a family of one to \$71,500 for a family of eight.

Deferred loans: Up to \$40,000 for homeowners on limited incomes which require no payment until the property is sold or transferred. Applicants must be the owner of a single-family home with the graduated limits on total household income range from \$23,700 for a family of one to \$44,700 for a family of eight.

Grant: Up to \$10,000 for homeowners on limited incomes which is forgiven over ten years unless the house is sold or the applicant no longer resides at the property. Applicants must be the owner of a single-family home with graduated limits on total household income ranging from \$37,950 for a family of one to \$71,500 for a family of eight. Grants are for exterior work only. **Limited funding available.**

The City assists homeowners in every aspect of projects all the way from determining the work necessary, selecting a contractor and monitoring the work. Applicants are not required to pay fees or put money down.

The City maintains a list of qualified general contractors who are responsible for all of the trades involved in residential construction. Homeowners may also submit a general contractor to be included in the bidding process. The program will provide a loan up to the amount of the lowest, viable bid.

ROOF	WINDOWS
SIDING	FURNACE
INSULATION	AIR CONDITIONING
PLUMBING	ELECTRICAL UPDATE
KITCHEN UPDATE	BATHROOM UPDATE
PORCH REPAIR	HANDICAP FEATURES
DRIVEWAY WORK	SIDEWALK CONCRETE
SEWER LINE REPAIR	BASEMENT WATERPROOF

For more information call (248) 246-3130 or visit:

Royal Oak City Hall, Planning, 3rd Floor
211 Williams St., Royal Oak, Michigan 48068



**THE CITY OF ROYAL OAK PROVIDES
EQUAL HOUSING OPPORTUNITY**

At Your Service

Emergency Calls Only Police, Fire & Ambulance.....	911
General Information.....	248-246-3000
Animal Complaint.....	248-246-3500
Animal Shelter.....	248-246-3364
Assessor.....	248-246-3110
Building Inspection.....	248-246-3210
Building Inspection Requests.....	248-246-3234
Building Inspection Fax.....	248-246-3006
Cable TV (WROK) 222 E. 11 Mile Rd.....	248-246-3777
Questions regarding Comcast.....	248-549-2100
Questions regarding WOW.....	866-496-9669
City Attorney.....	248-246-3240
City Clerk.....	248-246-3050
City Manager.....	248-246-3200
Code Enforcement.....	248-246-3210
Code Enforcement 24-hour Hotline.....	248-246-3238
44th District Court.....	248-246-3600
Probation, 400 E. 11 Mile.....	248-246-3670
Engineering.....	248-246-3260
Farmers Market.....	248-246-3276
Finance.....	248-246-3030
Fire Department 215 E. Sixth St.	
Emergency.....	911
Non-Emergency.....	248-246-3800
Fire Prevention Bureau.....	248-246-3810
Housing Commission - Rental Assistance.....	248-246-3290
Housing Assistance - Rehabilitation Loans.....	248-246-3130
Human Resources.....	248-246-3070
Ice Arena 1403 Lexington Blvd.....	248-246-3950
Information Systems.....	248-246-3080
Landlord Licensing Program.....	248-246-3210
Library 222 E. 11 Mile Rd.....	248-246-3700
Mahany-Meining Sr./Community Center 3500 Marais.....	248-246-3900
Mayor.....	248-246-3200
Motor Pool.....	248-246-3370
Normandy Oaks Golf Course 4243 Delemere.....	248-554-0027
Orson Starr House 3123 N. Main St.....	248-588-0170
Parks & Forestry.....	248-246-3300
Planning & Zoning.....	248-246-3280
Police Department 221 E. Third St.	
Emergency.....	911
Non-Emergency.....	248-246-3500
Community Policing.....	248-246-3524
Detective Division.....	248-246-3515
Record Division.....	248-246-3530
Snow Emergency Announcement.....	248-246-3442
Traffic Safety Division.....	248-246-3505
Public Service Department 1600 N. Campbell	
24-hour Hotline Recording.....	248-246-3333
Highway Maintenance.....	248-246-3300
Parks & Forestry.....	248-246-3300
Recycling & Refuse Collection.....	248-246-3300
Sewer Maintenance.....	248-246-3300
Water Maintenance.....	248-246-3300
Emergencies after 4:00 pm & weekends.....	248-246-3500
Purchasing.....	248-246-3034
Recreation 1600 N. Campbell.....	248-246-3180
Royal Oak Golf Course 3417 Don Soper Dr.....	248-554-0019
Salter Community Center 1545 E. Lincoln.....	248-246-3180
Senior Citizen Programs 3500 Marais.....	248-246-3900
Street Lighting 24-hour.....	248-246-3443
TDD (Hearing Impaired).....	248-246-3010
Treasurer.....	248-246-3140
Voter Registration.....	248-246-3050
Water Bills.....	248-246-3160
Youth Assistance 1601 N. Campbell.....	248-546-8282
Website.....	www.romi.gov



Styrofoam Now Recycled at SOCCRA Drop-off Center

On December 1, 2014, SOCCRA began accepting styrofoam (polystyrene foam) at the Recycling Drop-off Center. You may now drop off the following styrofoam items:

- Cups
- Takeout containers
- Egg cartons
- Meat trays
- Food trays/lunch trays
- Packaging foam such as molded forms and shapes (no packaging peanuts, please)

For successful recycling, please follow these guidelines:

- Make sure all items are clean and rinsed to remove food remnants
- **Please *do not* place foam items in your curbside bin. This program is available only at our drop-off center located at 995 Coolidge (across from the Meijer Gas Station).**

Drinking Water We Need Your Help

The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., who does not appear to be a City employee, please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

What to Do About Sewer Problems

Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm) Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner's sewer line, it is the homeowner's responsibility to call either a plumber or a sewer cleaning company. For full details on water and sewer emergency procedures, consult the City's website at www.romi.gov.

Refuse and Recycling Directory

Department of Public Services (DPS) 248-246-3300
(Calls regarding garbage and recycling pickups should call DPS at 246-3300)

SOCCRA MRF/Drop-off Center 995 Coolidge 248-288-5150

Drop-off accepts: All acceptable curbside recyclables; unflattened, unbundled cardboard; automotive batteries; paperback and hardcover books; all paper (except carbon); CDs/DVDs/VHS; floppy disks; cassette tapes (all cases recycled separately); used clothing; screw-off lids/caps; plastic bags (no twine or hard plastic handles; no frozen food bags); **NEW styrofoam.**

Household Special Waste/Hazardous Waste Disposal 248-288-5153

Check SOCCRA website, www.socrra.org for complete list.

Electronic Equipment Recycling (no wooden TV cabinets) 248-288-5153

Recyclables – All plastic as long as it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; small scrap metal; newspaper; magazines, catalogs, paper, mail, paperback books, all paper (put in paper/plastic bags); food/beverage/drink/juice boxes, plastic/paper coffee or soda cups; phone books; corrugated cardboard; paperboard; household batteries (in clear baggies). Prepare according to instruction sheet, place loose in recycling bin, except paper, and set at curb on refuse day before 7:00 am.

Regular Refuse – Put household materials in containers 20 to 32 gallon (maximum size) or in 20 to 30 gallon plastic bags and put at curb by 7:00 am. Cans and bags cannot be over 40 lbs. Containers under 20 gallon will be considered expendable and will be thrown out with the trash. **Yard waste cannot be mixed with trash at any time.**

Yard Waste – Picked up curbside from April 1 to mid-December: Separate non-woody material as well as woody yard waste (up to 2" in diameter) from regular refuse and put at curb by 7:00 am in a 32-gallon container with a yard waste decal (decal must face street) or in a paper landscape bag. Containers/bags cannot weigh more than 40 lbs. **Yard waste cannot be mixed with trash at any time.** Plastic bags are not acceptable. Not picked up as either yard waste or trash mid-Dec. to March 31. Either hold on to until program begins April 1 or call SOCCRA for disposal (248-288-5150).

Leaf Vacuum Program begins at end-October. Rake leaves into street according to city schedule or put into acceptable containers and set at curb on refuse day. For pick-up schedule, check *Insight*, WROK Cable (Channel 55 or 10) or the city's website at www.romi.gov.

Brush, Tree Trimmings & Shrubs – Tie woody material between 2"-5" in diameter in bundles up to 4' long and 15" in diameter, weighing no more than 40 lbs. each (under 2" SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact the city's recommended chipping contractor, JH Hart 586-795-5581. Limbs over 5" must be disposed of privately.

Broken Glass – Wrap in heavy paper or place in cardboard box or metal can with lid. Put with regular refuse NOT in recycling bin.

Cardboard – Flatten and tape or tie into bundles **no larger than your recycle bin** OR stuff smaller flattened boxes into larger box, no larger than your recycle bin.

Appliances (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side.

Carpeting & Padding – Roll and securely tie no longer than 4' and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

Latex Paint – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Or call the SOCCRA Special Waste Facility for a drop-off appointment. Oil-based paint needs an appointment, (248) 288-5153.

Excluded Curbside Items – The following items are **NOT** acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, stumps, engines, transmissions, rear axles, construction items, loose items such as bricks, concrete (even if it's attached to something), root balls, dirt or sod. These materials must be disposed of privately. See www.socrra.org or call 248-288-5150 for location, hours, rates and procedures. Limited amounts of construction items from home occupant's personal repair or remodeling are acceptable. However, items cannot be longer than 4' in length, must be bundled and weigh less than 40 lbs. per bundle.

Hazardous Waste – Call the SOCCRA Special Waste Facility (248-288-5153) for a FREE drop-off appointment to dispose of: Motor oil, solvents, yard chemicals, fluorescent light bulbs, insulin syringes, oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned.

Used Electronics – To recycle computer monitors, CPUs, printers, TVs, radios, phones, cell phones, copy & fax machines, stereos, VCRs and CD players, call 248-288-5153 to set up an appointment.

Holiday Refuse Collection – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected for any other holidays or when the above holidays fall on a weekend.



Is Your Water Bill Too High?

The City of Royal Oak Water Billing Department receives many calls from property owners questioning their water bill. Please remember, the outside reading device is not a water meter. Although this equipment belongs to the City of Royal Oak, due to the harsh Michigan winters all water meters are inside to prevent freezing and bursting of pipes. The outside reading devices occasionally, with age, may slow down and not record the proper water usage. If this is not corrected as soon as possible, property owners can experience a very high water bill once the device is fixed.

Due to this possible malfunction, and other occurrences, such as occasional mis-reads and improperly maintained interior equipment, a property owner is encouraged to verify the water reading on their quarterly bill, with the reading on the inside meter, when each bill is received. At that time, a normal read should be slightly higher than what is stated on the bill. To insure that the meter is reading correctly, a property owner should also verify the read on both the outside reading device and the inside meter. The first four digits on these devices should always be identical.

All water which passes through the interior water meter is the responsibility of the property owner. Property owners should occasionally perform a simple water test, to insure that their devices (toilet, sinks, humidifiers, ice makers, sprinkler systems, etc.) are working properly. To do this, simply write down all six digits that are shown on the inside meter. Do not use any water for at least 2-3 hours. After that time, re-read the meter. If you have a higher read, there is a leak on the premises. Water leaks, usually a running toilet, can add up quickly to hundreds, if not thousands, of dollars. Most problems can be easily, and inexpensively, repaired by the property owner or plumber. The City of Royal Oak's Water Maintenance Department can not make these repairs. For additional information, the Water Billing Department can be reached at 248-246-3160.

Residential Customers with Underground Lawn Sprinkling Systems

The City of Royal Oak's approved Cross Connection Plan by the State of Michigan Department of Environmental Quality (MDEQ), states that backflow preventers installed on residential underground lawn sprinkling systems must be tested by a certified technician every three years (see picture below). This device is usually installed on the outside of the home on the supply to the lawn sprinkling. The City of Royal Oak has contracted with HydroCorp to manage this program. This spring, letters will be addressed to home owners that are required to have their backflow devices tested. The letter will include a list of certified testers that have previously tested backflow devices in the city and a test form that will be filled out completely by the technician and returned to HydroCorp. Please contact HydroCorp at 248-250-5000 with questions pertaining to the cross connection program.



Royal Oak Memorial Day Parade

Monday, May 25, 9:00 am

Begins at Main Street and Harrison and goes north to Second St. and the Royal Oak Veteran's Memorial at Veteran's Plaza between City Hall and the Royal Oak Public Library.



**"I might
have a
vacancy...
...how bad do
you want it,
honey?"**

If a landlord has other "ideas" on how you can qualify for an apartment, we have a few "ideas" of our own. You can hit him where it hurts by reporting him for sexual harassment under the Federal Fair Housing Act.

If you suspect unfair housing practices, contact HUD or your local Fair Housing Center. Everyone deserves a fair chance.



FAIR HOUSING IS THE LAW!

U.S. Department of Housing and Urban Development • 1-800-669-9777 • TDD 1-800-927-9275



Fire Department CPR Training Gets a Boost

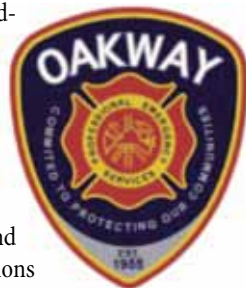
The Royal Oak Eagles Union Aerie #2092, located on Fourth Street in Royal Oak, has made the substantial donation of \$1000 to the Royal Oak Fire Department's CPR program. The funds will be used to hold a mass education effort during this summer's Dream Cruise. The Fire Department will be forming other partnerships to teach "hands only" CPR during the event to as many people as possible. "Without help from good people like the Fraternal Order of Eagles I don't think we could do these big projects" said Lt. Phillips, EMS Coordinator. The Fire Department and the citizens of Royal Oak are grateful for the continued service of organizations like F.O.E. and look forward to working with them on future projects.



Pictured left to right: FF Tim Kantzler, Lt. Dan Phillips EMS Coordinator, Sal Bellestri Jr. Secretary & Past President F.O.E, FF Jeremy Wren

Multi-agency MCI Drill to be held May 22

The Royal Oak Fire Department is hosting a multi-agency drill to practice responding to a mass casualty incident (MCI). The drill will take place the morning of May 22, 2015 in the parking lot of Kroger on the corner of 13 mile and Woodward. Fire Departments from the OAKWAY mutual aid system will be participating along with private EMS agencies and Beaumont Hospital. Students from Royal Oak High School will be playing the part of victims to help the public safety agencies practice their response. Communication and coordination between multiple organizations will be a focus of the exercise.



Be prepared to see lots of fire trucks and ambulances in the area. Spectators are welcome and a safe viewing area will be designated.

Fire Department partners with local hardware store

The residential lockbox program, started just two months ago, is already making improvements. Frenz and Sons hardware has agreed to stock lock boxes at their Main Street store for a significantly reduced price. Purchasing boxes directly from the manufacturer used to cost approximately \$35, Frenz and Sons is selling them to Royal Oak Residents for \$25.



"I have been overwhelmed and overjoyed with the response," said Lt. Phillips, EMS Coordinator with the Royal Oak Fire Department. "Having this partnership with a local business will improve on a popular program; I am hopeful even more residents will be able to afford the boxes."

The lock-box is a metal box which securely holds a house key and is accessed with a master key specially made for the Fire Department. During an emergency the Fire Department uses their master key to open the box, access the house key and gain entry into the home without delay and without causing damage.

Interested residents can call the Fire Department at 248-246-3800 and detailed information about the program will be mailed.

*Rocking
Impact
BEYOND
WORDS*

**Patt's
WORD ART**

Experience
Word Art Communication, Blog and Poetry

Patt Trama
WORD ARTIST/
POET/WRITER

Phone
(248) 547-2344

Email
patt@pattswordart.com

pattswordart.com

Summer 2015

You Should Know...

Library Hours

Monday & Wednesday, 10:00 am - 9:00 pm
Tuesday & Thursday, 12 noon - 9:00 pm
Friday & Saturday, 10:00 am - 6:00 pm

Library Closings

For Memorial Day, the library is closed
Saturday, May 23 and Monday, May 25.

For Independence Day, the library is
closed Friday, July 3 and Saturday, July 4.

For Arts, Beats & Eats and Labor Day, the
library will be closed Friday, September 4
through Monday, September 7.

Text Messaging for Hold Pickups

ROPL patrons may now sign up to
receive hold pickup notifications via
text message. This service is available
through The Library Network. Visit
ropl.org or call 248-246-3700 for more
information on how to enroll in this
service.

The Royal Oak Public Library is more than books! ROPL offers over 500 free programs annually for all ages and interests. Check out ropl.org or call 248-246-3700 for up-to-date information. Highlights of upcoming programs and services include:

2015 Summer Reading Program Begins June 6

The 2015 Summer Reading Program begins on **Saturday, June 6** with Opening Day activities sponsored by OUR Credit Union. Children of all ages are welcome to enjoy games, crafts and see live animals on the library lawn beginning at **10:00 am**. Everyone is invited to attend a variety of free events during the eight-week reading program. Patrons may also register for programs in-person during Opening Day.

Look for these special programs:

- Tuesday Evening Family programs
- Safety Town program
- Outdoor Story Times
- Book Buddies and Kids' Book Clubs
- Programs featuring Dog Heroes
- Teen Babysitter Training

Check ropl.org for all program details!



June Outdoor Concerts at ROPL

Take a break, sit back, and enjoy live music on the lawn of the Royal Oak Public Library on **select Thursdays at 7:00 pm**. Please bring your own lawn chair or blanket.

June 11 – Royal Oak Concert Band

June 18 – Matthew Ball aka "The Boogie-Woogie Kid"

June 25 – 5th Michigan Regiment Band

Michigan Activity Pass

Discover Michigan by using your library card! Access complimentary or discounted admission passes to Michigan cultural attractions and state parks and recreation areas. For more information and to see a list of participants visit **www.MichiganActivityPass.info**.



Online Services

Don't have time to visit the Royal Oak Public Library? We offer many online services you can access from home with your library card.

ROPL patrons now have free online access to **Gale Courses** which offers patrons access to hundreds of instructor-led online courses covering everything from health and wellness to creative writing, computer programming, GED test preparation and much more.



Using **Zinio**, you can now checkout free electronic magazines to read on a computer or mobile device. As an added bonus, these titles do not expire, which means there's no need to worry about returning them or late fees.

For details about our many remote access services, visit **ropl.org** or phone 248-246-3700 for more information.



Royal Oak

222 E 11 Mile Road
Royal Oak, MI 48067
248.246.3700
www.ropl.org

4th Annual Royal Oak Bike Expo

Sunday, May 17, 2015 • 2:00-4:30 pm • Royal Oak Farmer's Market

- **FREE ADMISSION**
- **FREE Child Bike Helmets** (while supplies last)
- **Safety Checks & Minor Tune-Ups** – Get your squishy tires inflated, flat ones fixed, squeaky chain lubed, brakes adjusted!
- **KIDS!** Decorate your bikes for the **Family Friendly Bike Ride** to Grant Park!
- Get **Health and Fitness tips** for better bike riding
- Learn about **fun bike tours** and MORE!
- **Food and drink** available for purchase!
- **Fabulous Door Prizes**
- **Watch AMAZING TRICKS** and thrilling rides as some of the best local **BMX Bicyclists & Skateboarders** perform **LIVE** at 2:30 and 3:30 pm



For more info or to get involved, call 248-546-7622
or e-mail info@royaloakcommunitycoalition.com

Program sponsored by the Royal Oak Community Coalition with support from the Royal Oak Environmental Advisory Board and the Royal Oak Farmers Market.

Park★it

Family Fun Nights

**LIVE MUSIC
KID ACTIVITIES
GIVEAWAYS
MOVIES UNDER THE STARS**

FREE! FAMILY FUN NIGHT!

Thursday, August 20
Memorial Park
Royal Oak, 13 Mile Rd. &
Woodward Ave. North of 13 Mile Rd.
Event Starts: 6:00 pm
Live Music: 6:30 pm
Movie: 8:30 pm

Thank you to our community sponsors



For more information... www.parkit4fun.com



2014 Consumers Annual Report on Water Quality

ATTENTION: This is an important report on water quality and safety

The City of Royal Oak, The Southeastern Oakland County Water Authority and the Detroit Water and Sewerage Department (DWSD) are proud of the fine drinking water they supply and are honored to provide this report to you. The 2014 Consumers Annual Report on Water Quality shows the sources of our water, lists the results of our tests, and contains important information about water and health. We will notify you immediately if there is ever any reason for concern about our water. We are pleased to show you how we have surpassed water quality standards as mandated by the Environmental Protection Agency (EPA) and the Michigan Department of Environmental Quality (MDEQ).

About the System

The City of Royal Oak purchases water from the Southeastern Oakland County Water Authority (SOCWA) at fourteen locations. SOCWA provides Detroit water through its member distribution systems to a population of 210,000 within a 56 square mile area. Current members are: Berkley, Beverly Hills, Bingham Farms, Birmingham, Clawson, Huntington Woods, Lathrup Village, Pleasant Ridge, Royal Oak, Southfield and Southfield Township and to our customers Bloomfield Hills and Bloomfield Township.

Your source water may at times come from the Detroit River, situated within the Lake St. Clair, Clinton River, Detroit River, Rouge River, Ecorse River, in the U.S. and parts of the Thames River, Little River, Turkey Creek and Sydenham watersheds in Canada. The Michigan Department of Environmental Quality in partnership with the U.S. Geological Survey, the Detroit Water and Sewerage Department, and the Michigan Public Health Institute performed a source water assessment in 2004 to determine the susceptibility of potential contamination. The susceptibility rating is on a seven-tiered scale from "very low" to "very high" based primarily on geologic sensitivity, water chemistry, and contaminant sources. The susceptibility of our Detroit River source water intakes were determined to be highly susceptible to potential contamination. However, all four Detroit water treatment plants that use source water from Detroit River have historically provided satisfactory treatment of this source water to meet drinking water standards.

And

Your source water may at times come from the lower Lake Huron watershed. The watershed includes numerous short, seasonal streams that drain to Lake Huron. The Michigan Department of Environmental Quality in partnership with the U.S. Geological Survey, the Detroit Water and Sewerage Department, and the Michigan Public Health Institute performed a source water assessment in 2004 to determine the susceptibility of potential contamination. The susceptibility rating is a seven-tiered scale ranging from "very low" to "very high" based primarily on geologic sensitivity, water chemistry, and contaminant sources. The Lake Huron Source water intake is categorized as having a moderately low susceptibility to potential contaminant sources. The

Lake Huron water treatment plant has historically provided satisfactory treatment of this source water to meet drinking water standards.

DWSD has initiated source-water protection activities that include chemical containment, spill response, and a mercury reduction program. DWSD participates in a National Pollutant Discharge Elimination System permit discharge program and has an emergency response management plan.

If you would like to know more information about this report or to obtain a complete copy, please contact your local water department.

How Do We Know the Water is Safe to Drink?

Detroit Water and Sewerage Department facilities operate twenty-four hours a day, seven days a week. The treatment process begins with disinfecting the source water with chlorine to kill harmful microorganisms that can cause illness. Next, a chemical called Alum is mixed with the water to remove the fine particles that make the water cloudy or turbid. Alum causes the particles to clump together and settle to the bottom. Fluoride is also added to protect our teeth from cavities and decay.

The water then flows through fine sand filters called beds. These filters remove even more particles and certain microorganisms that are resistant to chlorine. Finally, a small amount of phosphoric acid and chlorine are added to the treated water just before it leaves the treatment plant. The phosphoric acid helps control the lead that may dissolve in water from household plumbing systems. The chlorine keeps the water disinfected as it travels through water mains to reach your home.

In addition to a carefully controlled and monitored treatment process, the water is tested for a variety of substances before treatment, during various stages of treatment, and throughout the distribution system. Hundreds of samples are tested each week in certified laboratories by highly qualified and trained staff. Our water not only meets safety and health standards, but also ranks among the top 10 in the country for quality and value.

Additional Information

In order to ensure that tap water is safe to drink, EPA prescribes regulations, which limit the amount of certain contaminants in water provided by public water systems. The Food and Drug Administration (FDA) regulations establish limits for contaminants in bottled water, which must provide the same protection for public health.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

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City of Royal Oak 2014 Report on Water Quality

Additional Information *continued from page 34*

Contaminants that may be present in source water include:

- Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations and wildlife.
- Inorganic contaminants, such as salts and metals, which can be naturally-occurring or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining or farming.
- Pesticides and herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses.

- Organic chemical contaminants, including synthetic and volatile organics, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban stormwater runoff and septic systems.

- Radioactive contaminants, which can be naturally occurring or be the result of oil and gas production and mining activities.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's **Safe Drinking Water Hotline at 800-426-4791**.

Key to the Detected Contaminants Tables

Symbol	Abbreviation for	Definition/Explanation
>	Greater than	
AL	Action Level	The concentration of a contaminant, which, if exceeded, triggers treatment or other requirements which a water system must follow.
HAA5	Haloacetic acids	HAA5 is the total of bromoacetic, chloroacetic, dibromoacetic, dichloroacetic, and trichloroacetic acids. Compliance is based on the total.
LRAA	Locational Running Annual Average	
MCL	Maximum Contaminant Level	The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
MCLG	Maximum Contaminant Level Goal	The level of contaminant in drinking water below which there is no known or expected risk to health.
mg/L	Milligrams per liter	A milligram = 1/1000 gram 1 milligram per liter is equal to 1 ppm
MRDL	Maximum Residual Disinfectant Level	The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.
MRDLG	Maximum Residual Disinfectant Level Goal	The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.
n/a	Not applicable	
NTU	Nephelometric Turbidity Units	Measures the cloudiness of water.
pCi/L	Picocuries per Liter	A measure of radioactivity. Picocurie (pCi) means the quantity of radioactive material producing 2.22 nuclear transformations per minute.
ppb	Parts per billion (one in one billion)	The ppb is equivalent to micrograms per liter. A microgram = 1/1000 milligram.
ppm	Parts per million (one in one million)	The ppm is equivalent to milligrams per liter. A milligram = 1/1000 gram.
RAA	Running Annual Average	
TT	Treatment Technique	A required process intended to reduce the level of a contaminant in drinking water.
TTHM	Total Trihalomethanes	Total Trihalomethanes is the sum of chloroform, bromodichloromethane, dibromochloromethane and bromoform. Compliance is based on the total.

City of Royal Oak 2014 Report on Water Quality

Springwells Water Treatment Plant 2014 Regulated Detected Contaminants Tables

Regulated Contaminant	Test Date	Unit	Health Goal MCLG	Allowed Level MCL	Highest Level Detected	Range of Detection	Violation yes/no	Major Sources in Drinking Water
Inorganic Chemicals - Monitoring at Plant Finished Water Tap								
Fluoride	5/13/2014	ppm	4	4	0.61	n/a	No	Erosion of natural deposits; Water additive, which promotes strong teeth; Discharge from fertilizer and aluminum factories.
Nitrate	5/13/2014	ppm	10	10	0.39	n/a	No	Runoff from fertilizer use; Leaching from septic tanks,sewage; Erosion of natural deposits.
Volatile Organic Contaminants - Monitoring at Plant Finished Water Tap								
Regulated Contaminant	Test Date	Unit	Health Goal MCLG	Allowed Level MCL	Highest Level Detected	Range of Detection	Violation yes/no	Major Sources in Drinking Water
Xylene	11/12/2013	ppm	10	10	0.0009	n/a	No	Discharge from petroleum factories; Discharge from chemical factories
Disinfectant Residuals - Monitoring in Distribution System								
Regulated Contaminant	Test Date	Unit	Health Goal MRDGL	Allowed Level MRDL	Highest Level RAA	Range of Detection	Violation yes/no	Major Sources in Drinking Water
Total Chlorine Residual	2013	ppm	4	4	0.70	0.59-0.77	No	Water additive to control microbes
2014 Turbidity - Monitored every 4 hours at Plant Finished Water Tap								
Highest Single Measurement Cannot exceed 1 NTU			Lowest Monthly % of Samples Meeting Turbidity Limit of 0.3 NTU (minimum 95%)				Violation Yes/No	Major Sources in Drinking Water
0.24 NTU			100%				No	Soil Runoff
Turbidity is a measure of the cloudiness of water. We monitor it because it is a good indicator of the effectiveness of our filtration system.								
Regulated Contaminant	Treatment Technique						Typical Source of Contaminant	
Total Organic Carbon (ppm)	The Total Organic Carbon (TOC) removal ratio is calculated as the ratio between the actual TOC removal and the TOC removal requirements. The TOC was measured each month and because the level was low, there is no requirement for TOC removal.						Erosion of natural deposits	
2014 Special Monitoring								
Contaminant		MCLG	MCL	Level Detected		Source of Contamination		
Sodium (ppm)		n/a	n/a	5.15		Erosion of natural deposits		
Collection and sampling result information in the table provided by Detroit Water and Sewerage Department (DWSD) Water Quality Division ML Semegen.								

Collection and sampling result information in the table provided by Detroit Water and Sewerage Department (DWSD) Water Quality Division ML Semegen.

Important Health Information

Lead

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. The City of Royal Oak is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has

been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the **Safe Drinking Water Hotline or at www.epa.gov/safewater/lead**.

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City of Royal Oak 2014 Report on Water Quality

Lake Huron Water Treatment Plant 2014 Regulated Detected Contaminants Tables

Regulated Contaminant	Test Date	Unit	Health Goal MCLG	Allowed Level MCL	Highest Level Detected	Range of Detection	Violation yes/no	Major Sources in Drinking Water
Inorganic Chemicals - Monitoring at Plant Finished Water Tap								
Fluoride	5/13/14	ppm	4	4	0.59	n/a	No	Erosion of natural deposits; Water additive, which promotes strong teeth; Discharge from fertilizer and aluminum factories.
Nitrate	5/13/14	ppm	10	10	0.31	n/a	No	Runoff from fertilizer use; Leaching from septic tanks,sewage; Erosion of natural deposits.
Disinfectant Residuals - Monitoring in Distribution System								
Regulated Contaminant	Test Date	Unit	Health Goal MRDGL	Allowed Level MRDL	Highest Level RAA	Range of Detection	Violation yes/no	Major Sources in Drinking Water
Total Chlorine Residual	Jan-Dec 2014	ppm	4	4	0.82	0.64-0.94	No	Water additive to control microbes
Regulated Contaminant		Treatment Technique						Typical Source of Contaminant
Total Organic Carbon (ppm)		The Total Organic Carbon (TOC) removal ratio is calculated as the ratio between the actual TOC removal and the TOC removal requirements. The TOC was measured each month and because the level was low, there is no requirement for TOC removal.						Erosion of natural deposits
2014 Turbidity - Monitored every 4 hours at Plant Finished Water Tap								
Highest Single Measurement Cannot exceed 1 NTU			Lowest Monthly % of Samples Meeting Turbidity Limit of 0.3 NTU (minimum 95%)				Violation Yes/No	Major Sources in Drinking Water
0.19 NTU			100%				No	Soil Runoff
Turbidity is a measure of the cloudiness of water. We monitor it because it is a good indicator of the effectiveness of our filtration system.								
2014 Radionuclides								
Regulated Contaminant	Test Date	Unit	Health Goal MCLG	Allowed Level MCL	Level Detected		Violation yes/no	Major Sources in Drinking Water
Combined Radium Radium 226 & 228	5/13/14	pCi/L	0	5	0.86 + or – 0.55		No	Erosion of natural deposits
2014 Special Monitoring								
Contaminant		MCLG		MCL	Level Detected		Source of Contamination	
Sodium (ppm)		n/a		n/a	4.78		Erosion of natural deposits	
Collection and sampling result information in the table provided by Detroit Water and Sewerage Department (DWSD) Water Quality Division ML Semegen.								

Collection and sampling result information in the table provided by Detroit Water and Sewerage Department (DWSD) Water Quality Division ML Semegen.

People With Special Health Concerns

Some people may be more vulnerable to contaminants in drinking water than is the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly and infants can be particularly at risk from infections. These people should seek advice about drinking water from

their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the **Safe Drinking Water Hotline at (800) 426-4791**.

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City of Royal Oak 2014 Report on Water Quality

Northeast Water Treatment Plant 2014 Regulated Detected Contaminants Tables

Regulated Contaminant	Test Date	Units	Health Goal MCLG	Allowed Level MCL	Highest Level Detected	Range of Detection	Violation yes/no	Major Sources in Drinking Water
Inorganic Chemicals - Monitoring at Plant Finished Water Tap								
Fluoride	5/13/14	ppm	4	4	0.59	n/a	No	Erosion of natural deposits; Water additive, which promotes strong teeth; Discharge from fertilizer and aluminum factories.
Nitrate	5/13/14	ppm	10	10	0.26	n/a	No	Runoff from fertilizer use; Leaching from septic tanks,sewage; Erosion of natural deposits.
Disinfectant Residual - Monitoring in Distribution System								
Regulated Contaminant	Test Date	Units	Health Goal MRDGL	Allowed Level MRDL	Highest Level RAA	Range of Detection	Violation yes/no	Major Sources in Drinking Water
Total Chlorine Residual	2014	ppm	4	4	0.76	0.62-0.85	No	Water additive to control microbes
2014 Turbidity - Monitored every 4 hours at Plant Finished Water Tap								
Highest Single Measurement Cannot exceed 1 NTU			Lowest Monthly % of Samples Meeting Turbidity Limit of 0.3 NTU (minimum 95%)				Violation Yes/No	Major Sources in Drinking Water
0.11 NTU			100%				No	Soil Runoff
Turbidity is a measure of the cloudiness of water. We monitor it because it is a good indicator of the effectiveness of our filtration system.								
Regulated Contaminant		Treatment Technique						Typical Source of Contaminant
Total Organic Carbon (ppm)		The Total Organic Carbon (TOC) removal ratio is calculated as the ratio between the actual TOC removal and the TOC removal requirements. The TOC was measured each month and because the level was low, there is no requirement for TOC removal.						Erosion of natural deposits
2014 Special Monitoring								
Contaminant		MCLG	MCL	Level Detected			Source of Contamination	
Sodium (ppm)		n/a	n/a	5.08			Erosion of natural deposits	
Collection and sampling result information in the table provided by Detroit Water and Sewerage Department (DWSD) Water Quality Division ML Semegen.								

Questions:

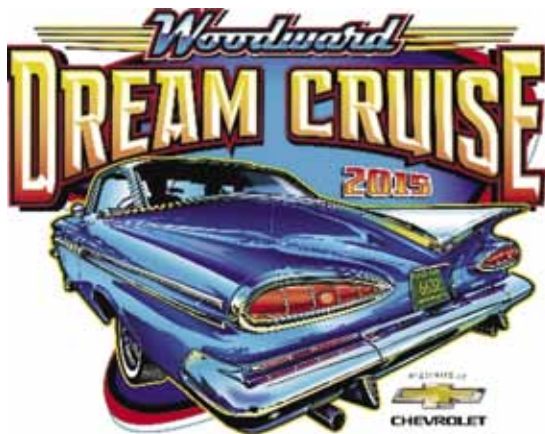
- Local Distribution: City of Royal Oak, Public Works Administration (248) 246-3300
- Southeastern Oakland County Water Supply System - Water Authority offices: (248) 288-5150. Visit our web site at www.socwa.org.
- Detroit Water and Sewerage Department - Water Quality Division at (313) 926-8128 or www.dwsd.org.
- Michigan Department of Environmental Quality - (586) 753-3755 or www.michigan.gov/deq.
- U.S. Environmental Protection Agency - Safe Drinking Water Hotline: (800) 426-4791
- Water quality data for community water systems throughout the United States is available at: www.epa.gov/drink/.

Other Monitoring

In addition to testing we are required to perform, our water system voluntarily tests for hundreds of additional substances and microscopic organisms to make certain our water is safe and of the highest quality. If you are interested in a more detailed report, contact the DWSD Water Quality Division at (313) 926-8128.

City of Royal Oak 2014 Report on Water Quality

City of Royal Oak Water Quality Results								
Disinfection By-Products – Monitoring in Distribution System Stage 2 Disinfection By-Products								
Contaminant	Test Date	Unit	Health Goal MCLG	Allowed Level MCL	Highest LRAA	Range of Detection	Violation	Major Sources In DrinkingWater
Total Trihalomethanes (TTHM)	2014	ppb	n/a	80	31	12-45	No	By-product of drinking water chlorination.
Haloacetic Acids (HAA5)	2014	ppb	n/a	60	12	9-14	No	By-product of drinking water disinfection.
2014 Microbiological Contaminants - Monthly Monitoring in Distribution System								
Regulated Contaminant	MCLG	MCL			Highest Number Detected		Violation Yes/No	Major Sources in Drinking Water
Total Coliform Bacteria	0	Presence of Coliform bacteria > 5% of monthly samples			in one month		No	Naturally present in the environment.
E.coli Bacteria	0	A routine sample and a repeat sample are total coliform positive, and one is also fecal or E. coli positive.			entire year		No	Human waste and animal fecal waste.
2014 Lead and Copper Monitoring at Customers' Tap								
Regulated Contaminant	Test Date	Units	Health Goal MCLG	Action Level AL	90th Percentile Value*	Number of Samples over AL	Violation Yes/No	Major Sources in Drinking Water
Lead	2014	ppb	0	15	3.5	0	No	Corrosion of household plumbing system; Erosion of natural deposits.
Copper	2014	ppb	1300	1300	44	0	No	Corrosion of household plumbing system; Erosion of natural deposits; Leaching from wood preservatives.
* The 90th percentile value means 90 percent of the homes tested have lead and copper levels below the given 90th percentile value. If the 90th percentile value is above the AL additional requirements must be met.								



August 15, 2015

Royal Oak Animal Shelter

The Royal Oak Animal Shelter is operated as a City service under management of the Royal Oak Police Department. Our goals are to provide a safe haven for lost animals or animals given up by their owners; to reunite lost animals with their human companions, and to provide the best possible adoptions of available animals into the home best suited to their personalities.

Contact

1515 N. Edgeworth, Royal Oak, MI 48067 • (248) 246-3364
www.romi.gov/portal/community-links/animal-shelter

Open Hours

Monday - Friday: 4:00 - 7:00pm
 Saturday: 11:00 am - 3:00 pm
 Sunday: Closed



SATURDAY, AUGUST 1ST

Royal Oak

USATF CERTIFIED TIMED 10K RUN (8:05AM) • 5K RUN/WALK (8:20AM)

MAD COW 1 MILE RUN (8:00AM)

1/4 MILE KIDS COWBELL RUN (9:30AM)

Help Set a New Guinness World Record for the Most Cowbells Ringing!
A portion of the proceeds to benefit The Royal Oak Historical Society

ULTIMATE FUN
RUNS.com



COWBELLCLASSIC.COM

248-543-1000



Season of Celebration

Royal Oak Neighbors:

This is a great time of year! The grass is green. Days are long. Flowers and trees are beginning to bloom. Spring, at last!

Best of all, along with family and friends, I have an opportunity to celebrate our Royal Oak graduates. The **Royal Oak High School (ROHS) Commencement** will take place on **Friday, May 29, 2015, at 7:00 p.m.** at Freedom Hill Amphitheater. Our **Churchill Community High School Alternative Education and Adult Education Commencements** will occur on **Thursday, May 21, 2015**, in the Royal Oak Middle School Dondero Auditorium.



As this season of celebration begins, I was honored to speak at the breakfast saluting our top ROHS graduates. This incredible group of young people have not only excelled in the classroom, but as leaders of student organizations and athletic teams. They leave Royal Oak High School with plans to continue to learn and lead, in our armed forces and workforce, and through enrollment at post-secondary institutions, including highly selective institutions such as the University of Michigan, Smith, University of California Berkeley, Cornell, and Kalamazoo College, to name a few. As they go forth, they will represent Royal Oak well.

I am proud of all our graduates, and what they have accomplished over the past four years. I am equally proud of our entire school district and what we are accomplishing together:

- **Academics:** Since 2011, scores on state-wide standardized tests have improved in 17 of 18 tested areas; ACT scores and the number of “passed” Advanced Placement Tests are at an all-time high.
- **Technology:** Since 2011, we have constructed a district-wide fiber network (completed through a public-public-private partnership), established robust wireless connectivity in all district facilities, and we are now regularly deploying multi-platform student devices. The innovative model for technology services which was initiated in 2012 is now saving the district \$100,000 per year in operating costs; this money is being reinvested in expanding educational technology across our district.
- **Capital Improvements:** With proceeds from property sales, and revenue from our dedicated building site and sinking fund millage, over \$10 million of capital projects have been completed since 2012.

This is a great season to be in Royal Oak. It is a great time for learning and growth in our Royal Oak Schools. As a community, we can take great pride in our graduates and in the positive direction of our schools.

If you have school-aged children who are not yet enrolled in our schools, now is the time to enroll for the 2015-2016 school year.

Sincerely,

Shawn Lewis-Lakin
Superintendent of Schools

View State of the Schools Presentation

At the April 23rd State of the Schools address, Superintendent Shawn Lewis-Lakin provided an overview of Royal Oak Schools past successes, current challenges, and future plans. He spoke about student achievement in the district, as well as instructional improvement initiatives.

If you were unable to attend, you can view the State of the Schools presentation by visiting the district website at www.royaloakschools.org, select “News Item”, State of the Schools presentation.

Outstanding Teachers of the Year

Royal Oak Schools announced the district's 2014-2015 Outstanding Teachers of the Year:

- **Betty Ann Garlak,**
Elementary Teacher of the Year
- **Kathy Bodine,**
Middle School Teacher of the Year
- **Jennifer Browne,**
High School Teacher of the Year

Betty Ann Garlak, a first grade teacher at Northwood Elementary, has been teaching in Royal Oak Schools for 17 years.

In her nomination, her colleague Kim Stanley said, "Ms. Garlak motivates her students, planning activities that will tap into their fun, serious, energetic, social, inquisitive minds. She has always been regarded by her colleagues as having 'the magic touch'. At any time, one can pass by the doorway to her classroom and experience a calm, productive, engaged group of children. When you enter her classroom, you realize something unique – a sense of family."

One of her former students wrote, "When we did timelines of our lives, I received a nice sticky note saying what a wonderful job I did. I still have the timeline and sticky note hanging in my room. I look at it almost every day. That's the kind of projects Ms. Garlak had us do: the kind you want to hold onto forever!"

Ms. Garlak chairs the March is Reading Month Committee, fundraisers for Royal



Middle School Teacher of the Year, Kathy Bodine (center) is honored by ROMS principal Todd Noonan and her students.

Oak Youth Assistance and Blessings in a Backpack and sponsors the Safety Squad. She was recently recognized as the Educator of the Year at the PTA Founders Day dinner. Ms. Garlak holds a Bachelor's of Science degree in Education from Central Michigan University.

Kathy Bodine, who teaches 7th and 8th grade social studies/history, has been teaching in Royal Oak Schools for 26 years. Mrs. Bodine attended Royal Oak Schools from Kindergarten through graduation from Dondero High School.

In her nomination, her colleague Kristina Ellenberger said, "Her enthusiasm for our curriculum is reflected in the manner that she teaches it. She doesn't just teach the events. She strives to help students understand why the events occurred and

the impact they have had. In this way, Mrs. Bodine's classroom becomes the event, the content becomes relevant, and history is not just words on a page."

"Kathy Bodine is a cornerstone of Royal Oak Schools and an integral leader for the stakeholders of Royal Oak Middle School."

Recently she was named Teacher of the Year by the local chapter of the Daughters of the American Revolution. She serves on the School Improvement and Building Leadership Team, Building Faculty Committee, Character Education Committee and the International Baccalaureate Middle Years Programme Planning Team. Mrs. Bodine holds a Bachelor's degree from the University of Michigan and a Masters of Education degree from Wayne State University.

Jennifer Browne began her career in Royal Oak Schools in 1993. She teaches 9th to 12th grade English Language Arts at Royal Oak High School.

In her nomination, her colleague Lauren Milazzo wrote, "Jennifer is a teacher who cares, is enthusiastic to try new methods and resources, and is, at all times, devoted to providing a world-class learning environment where students surprise themselves by their own growth. The Royal Oak High School community is extremely lucky to have this wonderfully talented, committed, knowledgeable educator in our lives."

One of her former students wrote, "She broke down the invisible barrier existing between teacher and student in order to



Northwood Elementary principal Angela Ashburn (left) with Elementary Teacher of the Year, Betty Ann Garlak.

Daniel Webster Distinguished Support Service Award Nominee

Daniel Webster is the Royal Oak Schools nominee for the Oakland Schools Betty Campion Distinguished Support Service Award. Mr. Webster, Royal Oak High School (ROHS) head custodian, has served in the school district for 24 years.

Mr. Webster grew up attending Royal Oak Schools. As a parent, he served on the Whittier Elementary and Keller Middle School PTA organizations. He also volunteered in scouting and coached community softball. In 1992, Mr. Webster designed and implemented the Whittier Gardens.

According to the nomination, Mr. Webster contributes to the sense of community at ROHS and is a great role model for students. Three staff members wrote letters of support for Mr. Webster:

- David Jensen, ROHS Band Director – “Our students and staff report to a well-kept facility every day...walks are plowed and salted...grass is cut and walks are clear...halls are spotless, trash is collected and rooms are in order. These conditions are tremendous contributors to a healthy learning environment and student success.”
- Samuel Lynch, Oakland Elementary School Principal, former ROHS Assistant Principal – “Dan is an unsung hero who is indispensable to our organization. He not only takes pride in his work, but also takes ownership in the building and organization as a whole. He is proactive in heading off problems, and reacts and adapts quickly when the complexity of what we do causes unforeseen problems. He is always willing to go the extra mile to make sure things get done the right way.”
- Vern Ratliff, ROHS PE Teacher – “Dan’s ongoing support of students and staff, dedication to his craft, and commitment to maintaining the school is what allows us to host a wide variety of programs and services that support the entire community.”

The Betty Campion Distinguished Support Service Award program was created to recognize the valuable contributions that employees, other than teachers and administrators, make to Oakland County schools. The award is named in honor of former Oakland Schools Board member Betty Campion.



ROHS principal Mike Van Camp (left) with Daniel Webster, Royal Oak Schools nominee for the Oakland Schools Betty Campion Distinguished Support Service Award.

Outstanding Teachers of the Year

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Jennifer Browne, High School Teacher of the Year

nurture and cultivate my talents, uncovering potential and character that were before left ignored and convinced me that it is possible to become more than I ever believed possible.”

Ms. Browne has served in a variety of leadership positions, including School Improvement Chair, Language Arts Department Chair and Assistant Principal. She has a Bachelor of Arts degree in English from Oakland University, a Master of Arts in Teaching from Wayne State University, and an Education Specialist degree from Oakland University.

As Royal Oak’s Outstanding Teachers of the Year, the teachers were nominees for Oakland School’s Outstanding Teacher of the Year program which honors and recognizes teachers who have achieved, through their effort and example, the highest standards of excellence in their profession. In making the announcement, Superintendent Shawn Lewis-Lakin said “All three of the Royal Oak Outstanding Teachers of the Year have demonstrated excellence in all areas of work with students, parents and colleagues. Each has demonstrated excellence in motivating and engaging students, differentiating learning for students, and providing leadership to the school community.”

Royal Oak Sweeps Student Film Festival

Royal High School students swept the 2015 Orchard Lake Student Film Festival (OLSFF). A record 68 projects were screened and Royal Oak took home 12 of the top honors, including first and second place in Best in Show. Winners included:

- Best in Show: First and second place Evan Gulock for “Affordable Care Act Documentary” and “Paper Planes” short film. Gulock also won first place in drama for “Paper Planes” and first place in documentary for “The Affordable Care Act: A Snapshot of the Now”.
- The Royal Oak High School Film Club won first place for a PSA “Sticky Notes” and second place for “The Snow Globe” drama short film.
- Documentary awards went to Gulock, first place for “The Affordable Care Act: A Snapshot of the Now”; Olivia Mitchell, second place for “Student Debt: Rewriting the American Dream”; Theren Williams, third place tie for “Minimum Wage: The Need to Rise”; Clove Wilkins, third place tie for “National, State, Local: Michelle Obama’s Health Initiative”.

Orchard Lake Student Film Festival is an annual event that offers high school filmmakers from across Michigan a chance to screen their films and learn from industry professionals. The festival includes workshop presentations taught by six area professionals, who work and/or teach within the professional film industry. All of the films are screened and judged. Gulock received a cash prize of \$750 and a \$3,500 scholarship to The Motion Picture Institute for his Best in Show winning entry.



Documentary category winners (left to right) Theren Williams (3rd place), Olivia Mitchell (2nd place), Evan Gulock (1st place).

ROHS Students Receive Emmy Awards

In National Academy of Television Arts & Sciences High School Television Production Competition

Royal Oak High School (ROHS) Senior Evan Gulock received two first place Emmy awards in the Michigan High School Student Television Production Awards competition. In addition, two ROHS students, Theren Williams and Olivia Mitchell, received honorable mentions. The contest is sponsored by the Michigan Chapter of the National Academy of Television Arts & Sciences.

Crystal Pillar Awards

News: General Assignment –
Evan Gulock

“The Affordable Care Act: A Snapshot of the Now”

Director Reel - Evan Gulock

Honorable Mention:

News: General Assignment –
Theren Williams

“Minimum Wage: The Need to Rise”

News: General Assignment –
Olivia Mitchell

“Student Debt: Rewriting The American Dream”

The Michigan Regional Student Production Awards is intended to be an incentive for the pursuit of excellence in television journalism and focus public attention on outstanding achievements in television produced by university/college and high school students.

ROHS Student Receives Michigan PTA Scholarship

Royal Oak High School (ROHS) Senior Elizabeth Hasley has been awarded the Fran Anderson Michigan PTA Scholarship. The \$500 scholarship was presented at the Annual PTA Convention in Lansing.

Elizabeth is the daughter of Daniel and Linda Hasley. She is on the volleyball team at ROHS and is a member of the National Honor Society. “Elizabeth is a great example of rewarding a person for kindness, service, and scholarship,” said Principal Mike Van Camp. “She is a very deserving recipient of this award and an excellent role model for all students at Royal Oak High School.”

The Fran Anderson Michigan PTA Scholarship recognizes high school seniors who have demonstrated leadership and advocacy skills through participation in PTA. Scholarship recipients are selected by a committee of Michigan PTA past presidents based on PTA/PTSA involvement, essay, community service, additional activities, academics and letters of recommendation.

ROHS Student Earns \$10,000 Scholarship from Michigan First Credit Union

Royal Oak High School (ROHS) Senior Evan Gulock received a \$10,000 scholarship in the Michigan First Credit Union's statewide scholarship contest. He was named the top high school video contest winner in the Credit Union's Young & Free Michigan annual competition.

"Evan's passion, talent and drive are being rewarded. This is a great example of an exceptional student expressing his future desire and a local business putting forth the resources to help make it a reality," said Mike Conrad, ROHS Video/TV/Media Instructor.

In the Young & Free Michigan video competition, this year's question was, "How will your degree help you improve the state of Michigan?" In his 60 second video, Gulock said, "I grew up in Royal Oak... just 15 miles from Detroit where, all my life, I have seen an unbeatable and unbreakable determination and integrity against all odds. This is how Michigan has shaped me." With a degree in film making and television broadcast, he wants to help build Michigan's film making industry – giving people jobs and outlets for creativity.

To view Evan's winning video, go to:

www.youtube.com/watch?v=5aWSmxVV62A



Michigan First Credit Union's scholarship winner Evan Gulock (left) with ROHS principal Mike Van Camp.



Become an International Host Family

Educatus International is placing international high school students in Royal Oak, Clawson and Ferndale High Schools and is recruiting host families.

Students ages 14-18 come from all over the world. The students speak English, have their own medical insurance and their own spending money. Host families are required to speak English at home, provide daily meals, and an American cultural experience. Local coordinators provide 24/7 coverage and meet with the students and families monthly. Host families receive a monthly stipend to offset costs.

To discuss a hosting opportunity and for more information, contact Debi Wilkelis, International Coordinator, at 586-381-5174 or debiw.educatus@gmail.com.

Activity Gold Card Available for Seniors

The Royal Oak School District presents its Senior Activity Gold Card, a complimentary pass for Royal Oak residents ages 60 and over. This complimentary pass will be renewable every three years.

Benefits

The Gold Card includes free admission to:

- Athletic Events (except state sponsored tournaments)

- Drama Programs & Dance Shows
- Vocal & Instrumental Music Concerts
- Evening Recreational Swim at Royal Oak Middle School

Applications are available at the Churchill Community Education Center, 707 Girard, Royal Oak. For additional information, please call (248) 588-5050.

Enrollment

Enrollment Procedures

Parents may enroll students at our centralized location. Pre-enrollment paperwork may be completed online.

District Central Enrollment Office

800 DeVillen, Royal Oak

District Office Hours: Monday - Friday, 7:30 a.m. - 4:30 p.m.

Enrollment Office Hours: Monday - Friday, 7:30 a.m. - 4:00 p.m.

Enrollments need to be started by 4:00 p.m. to allow time for the completion of enrollment process by 4:30 p.m. when the office closes.

Barbara Sparks, Enrollment Coordinator

(248) 435-8400, Ext. 1260

Fax: (248) 280-2591

To register a child for school, parents should bring the following with them to the Enrollment Office:

Enrollment/Registration Required Documents

- **2 Proofs of Residency**
 - Lease Agreement (plus page with landlord and tenant signatures)
 - Mortgage Statement (within last month)
 - City Assessor's Tax Statement (current year)
 - Current Utility Bill or Cable Bill (within last month)
 - Notarized Affidavit of Residence if living in someone else's home/apartment
 - This person's driver's license and two proofs of their residency
- **Driver's License** (of parent or guardian)
- **Birth Certificate** (original or certified copy with raised seal)
- **Immunization Records**
- **Vision Screening Required for Kindergarteners**
- **Court documents, if applicable** (guardianship, foster care, etc.)
- **High School requires transcript at time of enrollment**
- **Enrollment packet paperwork must be completely filled out.** It can be downloaded at www.royaloakschools.org, click "Enrollment", or it is available at the district Enrollment Office or any school building.
- **Please bring:** Emergency contact names/phone numbers, physician's name/phone number, and previous school name/address/phone and fax numbers

Kindergarten Vision Screening

Michigan law requires a vision screening for kindergarten entrance. Vision screening done by a health department technician, physician, or eye doctor fulfills this requirement.

The Oakland County Health Division offers free vision screening for Oakland County residents. Call (248) 424-7070 to schedule an appointment.

Coming in 2015-2016 On-Line Annual Registration

(required for all students)

Be sure to log onto the Parent Portal. This will ensure a smooth transition.

Young Oaks Before and After School Child Care

Royal Oak Schools offers fee-based before and after school child care for school-aged children at each of the six elementary schools.

The Young Oaks Latchkey Program emphasizes a comfortable, supervised atmosphere that includes activities that will enhance the child's physical, social and academic growth.

The program is fully licensed by the State of Michigan and follows all of its guidelines. The staff is fully trained in CPR and first aid and receives additional appropriate in-service training throughout the year.

We offer care before and after school, as well as on most vacation days. In addition, summer camp is available during the summer break. For a nominal additional fee, parents can purchase "inclement weather" coverage in the event that schools are closed for an unpredictable reason.

For more information regarding the fee structure of the Young Oaks Program, call Nancy Soik at (248) 288-3220, Ext. 3561. Or visit our website, www.royaloakschools.org, click on the "Elementary" tab, Addams Elementary, Addams Early Childhood Center, then Young Oaks Latchkey Program.



**ROYAL OAK
SCHOOLS**
A COMMUNITY OF EXCELLENCE

- Early Childhood Special Education Program & Services
- Young Oaks Before and After School Age Child Care
- 3 Day Preschool Programs for 4 & 5 Year Olds
- 2 Day Preschool Programs for 3 Year Olds
- Child Care Program: Full or Part-time for 2 1/2 to 5 Year Olds
- Great Start Readiness Program: 4 Day Full-time Program

Addams Early Childhood Center

2222 West Webster
Royal Oak, Michigan



For more information, visit us at
www.royaloakschools.org or call 248-288-3220

Summer Sports Camps

Baseball, basketball, football, volleyball, tennis, cheerleading and dance are just a few of the Summer Sports Camp programs being offered by Royal Oak Schools this summer. The 2015 Summer Sports Camp programs are operated by Royal Oak High School coaching staff. Programs will run from **June 15 to August 5** according to the following schedule. For further information, contact the Athletic Department at (248) 435-8500, Ext. 1148.

Motions, Jumps & Chants Camp

June 15-18, 9:00-11:00 a.m., Ages 6-13

Cost \$85

This fun and informative camp is perfect for the child looking to work on cheerleading techniques or try cheerleading for the first time. Each day will start with a simple warm-up and stretching. We will teach the campers proper cheer arm motions/placement and how to do the following jumps: Spread Eagle, Herkie, Hurdler, Toe Touch and Pike. We will also teach our favorite Raven sideline chants and the ROHS Fight Song! Parents will be invited back on the last day for a special performance. Each camper should wear shorts, a t-shirt, tennis shoes (no flip flops or crocs, please) and bring a water bottle. Camp Coordinator: Stephanie Zielinski, ROHS Competitive/Sideline Coach. **Location: ROHS Auxiliary Gym**

Little Explorer's Sports Camp

June 16-19, 9:00-10:30 a.m., Ages 4-7

Cost \$50

June 16-19, 1:00-2:30 p.m., Ages 8-11

Cost \$50

If your camper loves to be active and have fun doing so, then look no further than the Little Explorer's Sports Camp. This camp reinforces the skills and activities taught within the Royal Oak Schools Physical Education curriculum. Campers will participate in a variety of exercises, drills, and games that are highlighted throughout the school year. Campers can look forward to playing such beloved games as Kick the Garbage Out, Mission Impossible, Parachute, Leap the Creek and Jake the Snake. This camp is designed for students of all skill levels. Camp Coordinator: Keith Doody, Physical Education Coordinator. **Location: Northwood Elementary Gym**

Girls Basketball

June 22-25, 9:00 a.m.-2:00 p.m., Ages 8-14

Cost \$119

This camp will focus on individual and group instruction with drills designed to improve fundamental basketball skills and help each player gain confidence in her own abilities. Offensive skills (shooting, passing, dribbling, triple threat), defensive skills (footwork, boxing out, on the ball/ballside/ helpside), team offense and defense will be taught. There will be skill contests and team contests. Campers should bring a bag lunch with them each day. Camp Coordinator: Brian Sopata, Royal Oak High School Varsity Girls Basketball Coach. **Location: Royal Oak Middle School Gym**

Boys Basketball Fundamental Camp

June 22-25, 9:00 a.m.-Noon, Ages 8-14

Cost \$91

The focus of this camp is to develop and enhance the basketball skills of youth players. The coaches will concentrate on the fundamentals of dribbling, passing, catching, shooting, faking, footwork, cutting, screening, rebounding and defense. Camp activities will involve basketball instruction, drills, contests and scrimmages. Camp Coordinator: Mike Massucci, Royal Oak High School Varsity Boys Basketball Coach. **Location: Royal Oak High School Gym**

Baseball

June 15-19, 9:00 a.m.-Noon, Ages 5-11

Cost \$91

July 13-17, 9:00 a.m.-Noon, Ages 12-16

Cost \$91

July 27-31, 9:00 a.m.-Noon, Ages 12-16

Cost \$91

Participants will be instructed in all areas of the game of baseball. Fundamentals will be emphasized through the use of station work and a variety of baseball drills. Players are placed based upon ability and age appropriateness. Areas of development include but are not limited to: individual skills of infield, outfield, pitching, catching, hitting, bunting, and base running. Team skills include: cut-offs/relays, bunt defense, double plays, team offense and team defense. Camp Coordinator: Greg Porter, Royal Oak High School Varsity Baseball Coach. **Location: Royal Oak High School Baseball Field**

Stunting & Tumbling

June 22-25, 9:00-11:00 a.m., Ages 6-13

Cost \$85

A perfect complement to our Motion Jumps and Chants camp, this week we will teach stunting and tumbling techniques and above all else, safety. Each day will begin with proper warm-up, stretching and a safety brief on the day's lesson. Each camper will learn a variety of different stunting positions; main base, side base, flyer and back spot while under the watchful eyes of our Raven Cheerleaders and Coaches. We will be joined by "Cheerology", our cheer program tumbling coaches, to assist with spotting each camper's tumbling. Stunting skills will range from basic thigh stands to extensions. Basic/Intermediate tumbling skills will include: somersault, hand stand, cartwheel and round-off. Advanced tumbling will be available as needed. Parents are invited back on the last day of camp for a special performance. Each camper should wear shorts, a t-shirt, socks and tennis shoes and a water bottle. Camp Coordinator: Stephanie Zielinski, Royal Oak High School Competitive Cheer Coach. **Location: Royal Oak High School Auxiliary Gym**

Boys & Girls Tennis

June 22-25, 8:30-11:30 a.m., Ages 8-16

Cost \$82

This camp will focus on group instruction and drills that are designed to introduce and improve tennis skills in a supportive and fun environment. Campers will learn forehand, backhands, serves, volleys and court movement. There will be team games and double matches with fun awards and prizes. Campers should wear tennis shoes, shorts and t-shirts and should bring their own racquet. Caps and visors are also suggested. Campers will have two 15 minute breaks and should bring a snack; water will be provided for bottle refills. Camp Coordinator: Tim Jankowiak, Royal Oak High School Varsity Tennis Coach. **Location: Royal Oak High School Tennis Courts**

Volleyball

July 6-9, 2:00-4:00 p.m., Ages 9-11

Cost \$60

July 6-9, 4:00-6:00 p.m., Ages 12-14

Cost \$72

Start your volleyball career off in the right direction! This camp will focus on the basic fundamental skills of volleyball including: passing, setting, hitting and serving, as well as strategy to improve one's overall game. Your child will have a positive experience at our camp, regardless of skill level. Camp Coordinator: Bridgette Maynard, Royal Oak High School Varsity Volleyball Coach and the Royal Oak High School coaching staff and alumni. **Location: Royal Oak High School Gym**

Football Camp

July 20-23, 6:00-8:00 p.m., Ages 8-14

Cost \$50

Campers will learn the fundamentals of blocking and tackling, as well as specific position skills, with increasing difficulty for each grade level. They will also learn the differences between offensive and defensive positions. This camp is intended to help the campers grow in their football skills. Participants should bring football cleats, indoor gym shoes and a water bottle. Each participant will receive a Royal Oak Raven's football t-shirt. Camp Coordinator: Ray McMann, Royal Oak High School Varsity Football Coach and the Royal Oak High School coaching staff and players. **Location: Royal Oak High School Stadium**

Fall Cheerleading Tune Up

July 29-30, 9:00-11:00 a.m., Ages 6-13

Cost \$42

Is your daughter cheering in the fall? This camp is designed to get her ready for the fall football season. This two day "boot camp" will be fast paced and jam packed with all the information your cheerleader needs to get the most out of the upcoming season. Cheers, jumps, game day etiquette, sign making and team bonding will all be a part of this exciting camp. Each camper should wear shorts, a t-shirt, socks and tennis shoes and bring a water bottle. Camp Coordinator: Stephanie Zielinski, ROHS Competitive and Sideline Cheer Coach. **Location: Royal Oak High School Auxiliary Gym**

Dance Camp

August 5, 9:00 a.m.-3:00 p.m., Ages 5-13

Cost \$40

Join the Royal Oak High School Varsity Dance Team for a one-day dance clinic. Dancers ages 5-13 are welcome to attend to learn pom, hip hop and jazz dance combinations, as well as dance techniques. Dancers will apply those skills at a family and friends performance that same day! No previous dance experience required. Dancers must bring a sack lunch and water and a small snack for break times. Dancers should wear something comfortable that they can move and dance in (no jeans please). Dancers should wear sneakers or dance shoes. Participants will receive a camp shirt to wear during the performance. Camp Coordinators: Jennifer Hull and Jessica LoDuca, ROHS Dance Coaches. **Location: Royal Oak High School Auxiliary Gym**

Instructional Swim Program

Registration:

Wednesday, May 20, 5:15-6:30 p.m., Royal Oak High School Pool

If classes are not filled on this date, registration will continue at the pool prior to the start of the first lesson.

Session I (9 lessons)

Monday, June 15 - Friday, June 19 and

Monday, June 22 - Thursday, June 25

Session II (9 lessons)

Monday, July 6 - Friday, July 10 and

Monday, July 13 - Thursday, July 16

Session III (9 lessons)

Monday, July 20 - Friday, July 24 and

Monday, July 27 - Thursday, July 30

Classes held at Royal Oak High School Pool

Classes:

Tiny Tots, Ages 1-5 (with Parent, 6 Lessons)

Monday, Tuesday & Thursday, 6:30-7:00 p.m., \$40 for first child, \$35 for each additional child

Boys & Girls, Ages 6-14

8:30-9:10 a.m. or 9:15-9:55 a.m., \$80 for first child, \$75 for each additional child in the same family

Tiny Tots

Ages 3-5 (without parent, 9 Lessons) 10:00-10:30 a.m.,

\$80 for first child, \$75 for each additional child in the same family

Adaptive Swim

All Ages

10:35-11:05 a.m., \$20 per half hour

Individual Private Lessons

Available to Children & Adults (min. of 5 lessons)

10:35 a.m.-11:05 a.m., \$20 per half hour

Training Program for Competitive Swimmers

Ages 7-17, 7:30-8:25 a.m., \$90 for each two-week session

Summer Recreational Swim Program

Monday, June 15 - Thursday, August 6, 2015

Royal Oak High School

Monday, Tuesday and Thursday Evenings:

7:15-8:30 p.m. Children & Adults

8:30-9:45 p.m. Adults Only

Monday-Thursday

12:15-1:30 p.m. Children & Adults

Fee:

\$5.00 for everyone over 5 years of age. Seniors are free with school district Senior Citizen Gold Card (available at Churchill Continuing Education Center).

Discount Cards are available at Open Swim locations for \$40 (10 visits).

Pool is closed any day the pool is deemed not functional.

District Calendar

May - June 2015

May 2015

- 4 PTA Council Meeting, 7:00 p.m.
- 11 Elementary PTA Meetings, 7:00 p.m.
- 13 Late Start for All Students
- 14 Board of Education Meeting, 7:00 p.m.
- 18-19 ROHS Senior Finals
- 19 ROHS Senior Honors Assembly
- 20 Late Start for All Students
- 21 Churchill Community High School & Adult Education Graduation @ ROMS, 7:00 p.m.
- 25 **Memorial Day – No School**
- 28 Board of Education Meeting, 7:00 p.m.
- 29 ROHS Graduation @ Freedom Hill, 7:00 p.m.

June 2015

- 1 PTA Council Meeting, 7:00 p.m.
- 3 Late Start for All Students
- 9-11 ROHS Exams (Half Day for ROHS Students)
- 11 Board of Education Meeting, 7:00 p.m.
- 11 **Last Day for Students & End of 4th Marking Period**
- 25 Board of Education Meeting, 6:00 p.m.

Complete calendar information for the 2014-2015 school year may be viewed at www.royaloakschools.org. From the home page, click on the "Calendar" link.

SAVE THE DATE!

Monday,
June 22, 2015

The Royal Oak
Foundation for Public
Education

22nd Annual
Charity Golf
Outing

Red Run Country Club
Royal Oak, MI

For more information call
248.435.8400, Ext. 1228

Royal Oak Schools Sponsors 17th Annual Dream Home Expo

Over 500 community members attend the Royal Oak Schools 17th Annual Dream Home Expo at Royal Oak Middle School March 21st. Residents came to the event to obtain information about adding to or remodeling their homes. Architects, builders, home improvement/remodeling firms, and landscaping companies were on hand to assist Royal Oak homeowners and answer questions about adding to or remodeling their homes and other home improvement projects.



Royal Oak businesses participating in this year's Dream Home Expo included OUR Credit Union, Button's Rent It, Tri-Pups Inc. and SOCCRA.

Royal Oak Schools Directory

ELEMENTARY SCHOOLS

School	Address	Administrator	Secretary	Phone	Fax
Addams	2222 W. Webster 48073	Mr. Youanes	Ms. Nall	288-3100	288-3144
Helen Keller	1505 N. Campbell 48067	Ms. Dryden	Ms. Murray	542-6500	541-1260
Northwood	926 W. 12 Mile Rd. 48073	Ms. Ashburn	Ms. Judd	541-0229	541-4709
Oakland	2415 Brockton 48067	Mr. Lynch	Ms. Kucyk	542-4406	542-9289
Oak Ridge	506 E. 13 Mile Rd. 48073	Dr. Parrott	Ms. Kaczowski	588-8353	588-0750
Upton	4400 Mandalay Ave. 48073	Mr. Grzywack	Ms. Affeld	549-4968	549-0013

ROYAL OAK MIDDLE SCHOOL

709 N. Washington 48067 541-7100 541-0408 Fax

Administrator	Secretary	Phone
Mr. Noonan, Principal	Ms. Beardsley	Ext. 2039
Mr. Jones, Asst. Principal	Ms. Maurer	Ext. 2025
Mr. Duncan, Asst. Principal	Ms. Barber	Ext. 2013
	Ms. Scott	Ext. 2073

ROYAL OAK HIGH SCHOOL

1500 Lexington Blvd. 48073 435-8500 288-8733 Fax

Administrator	Secretary	Phone
Mr. Van Camp, Principal	Ms. Staszak	Ext. 1078
Ms. Krynak, Asst. Principal	Ms. Ruffles	Ext. 1016
Ms. Powell, Asst. Principal	Ms. Cooley	Ext. 1133
Mr. Cole, Asst. Principal/Athletic Director	Ms. Moore	Ext. 1148

OTHER FACILITIES

Facility	Address/Administrator	Phone	Fax
District Offices	800 Devillen 48073	435-8400	435-6170
	Mr. Lewis-Lakin, Superintendent		
	Ms. Sutterfield, Administrative Assistant	Ext. 1228	
	Ms. Olson, Exec. Dir., Teaching & Learning		
	Ms. Gray, Administrative Assistant	Ext. 1232	
	Ms. Flarity-Gram, Director of Special Ed.		
	Ms. Stein, SE Secretary	Ext. 1269	
	Mr. Wolynski, Exec. Dir., Staff & Student Services		
	Ms. Laird, Administrative Assistant	Ext. 1210	
	Ms. Abela, Finance Director	288-8700	
	Ms. Carlisle, AP Assistant	Ext. 1223	
Board of Education	Gary Briggs, President	435-8400	
	Deborah Anderson, Vice President		
	Jeff Brinker, Secretary		
	Marty Cardamone, Treasurer		
	Carrie Beerer, Trustee		
	Lisa Bradford, Trustee		
	Allison Sykes, Trustee		
	Ms. Sutterfield, Administrative Assistant	Ext. 1228	
Churchill Community Education Center Continuing Education	707 Girard 48073	588-5050	588-2881
	Ms. Hutchinson, Supervisor		
	Ms. Stremmel, Secretary	Ext. 1502	
Adult Education Community High School	Ms. Sutton, Coordinator	577-5639	588-2881
Addams Early Childhood Center	2222 W. Webster 48073	288-3220	288-3047
	Ms. Andersen, Supervisor		
	Ms. Soik, Secretary	Ext. 3561	
Maintenance / Transportation Center	1601 N. Campbell Road 48067	545-0064	545-0885
	Mr. Murphy, Operations Manager		
	Ms. Newsome, Secretary	Ext. 3245	

City Of Royal Oak
211 Williams St., P.O. Box 64
Royal Oak, MI 48068-0064

City Hall Office Hours

Monday-Thursday, 8:00 am - 4:30 pm
Friday, 8:00 am - 12 noon
www.romi.gov

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BEER FEST**

**SATURDAY
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**GENERAL
ADMISSION**

DOWNTOWN FERNDALE

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WWW.FERNDALESUMMERBEERFEST.COM
PURCHASE TICKETS AT NEPTIX.COM



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THRU
SUNDAY JULY 5TH**

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